

Bach's flowers remedies,
synchronicities and
attractors

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INTRODUCTION

I had received Benny, an extremely aggressive dog. He snarled and attacked my wife Antonella. The vet had prescribed expensive and ineffective remedies, and we were therefore on the verge of taking him to the kennel when Antonella reads on the internet that similar problems had been solved by giving the dog a Bach's flower remedy.

Incidentally, in 1995 I developed a questionnaire aimed at identifying remedies for Bach's flowers, using the phrases with which Edward Bach described the 38 flowers he selected.

People were asked to respond to the questionnaire giving scores from 0 to 10 to each phrase, and the software used these answers to identify the most appropriate remedy.

I was skeptical. I considered Bach's remedies unscientific. However, I used the questionnaire to find the Bach's flower remedy to give to our dog, and as soon as I gave him the first drops, diluted in his water, a radical change took place. He asked Antonella for cuddles and started behaving normally.

I was not able to explain this change as a placebo effect. I therefore became interested and bought Edward Bach's original books. I reformulated the questionnaire, and

rewrote the software using a more powerful algorithm. A few days later, a dear friend whom I know well and who is unfortunately suffering from schizophrenia contacted me saying that she felt distressed and desperate. Not knowing exactly how to help her, I used the new questionnaire to describe her as faithfully as possible, and the new software to identify the Bach's flower remedy most suitable for her. As soon as she took the first drops of the remedy, my friend experienced a deep relaxation, and a great inner calm, as she had never experienced in her life. I was very surprised by this positive and immediate effect.

In a similar way to homeopathy, the active ingredients of Bach's flowers are diluted to the point that no molecule can be present in the remedy. In 1963 the meteorologist Edward Lorenz discovered that when dealing with attractors and water, a small variation can produce an amplifying effect. Lorenz described this strange phenomenon with the phrase: "*The flap of a butterfly's wing in the Amazon can cause a hurricane in the United States.*" However, the small flap (the active principle) is amplified only if it is perfectly in line with the attractor. The same happens for Bach's flowers remedies, among the over 60 billion possibilities, only one will produce incredible effects.

Edward Bach suggested taking 4 drops 4 times a day, but if the remedy is highly accurate, even a few drops a day can have a great effect.

The book is divided into six parts:

1. *Bach's flower remedies and attractors:* Bach believed that everyone has a purpose and that suffering signals the difficulty we encounter in pursuing our purpose. Those who use Bach's flower remedies experience the regression to the core questions: what is the meaning and purpose of life? How do I overcome loneliness? Bach's flower remedies do not answer these initial questions;

however, they are part of a greater process, a scientific approach that is described in this first chapter.

2. *Reduction of entropy and synchronicities*: when we reduce entropy, the invisible world begins to show in the form of synchronicities.
3. *Attractors*: when we converge towards an attractor, we feel warmth and wellbeing in the thoracic area, while when we diverge, we feel emptiness and distress. These feelings work like the needle of a compass.
4. *The meaning of life*: we all need to give meaning to our existence. However, the strategies we use

can block our path towards wellbeing.

5. *Truth*: we are constantly immersed in false narratives, in our families, among friends, in society and in science. The path towards happiness requires that we learn to recognize truth and develop the courage and strength to move away from what is false.
6. *Love*: the solution of the conflict between “*being and non-being*” is provided by the *Theorem of Love*, where love allows to experience the meaning of our life and leads to wellbeing and happiness.

BACH'S FLOWERS REMEDIES AND ATTRACTORS

Edward Bach (1886–1936) was an English doctor, bacteriologist, homeopath, and spiritual writer. In 1930, at the age of 43, he decided to search for a new healing technique, and he spent the spring and summer discovering and preparing flower remedies.

Bach derived his remedies in an intuitive way. When he felt a negative emotion he would hold his hand over different plants, and if one alleviated

the emotion, he would ascribe to that plant the power to heal that emotion.

He believed that early morning sunlight passing through dewdrops on flower petals transferred the healing power of the flower into the water. He used to collect the dewdrops from the plants and preserve them in a brandy mother tincture which would be further diluted before use. Since the amount of dew was not sufficient, he then decided to use spring water. Bach's flowers solutions contain a 50:50 mix of flower water and brandy and are called mother tincture.

Bach believed that illnesses were the result of a conflicts between the purposes of the soul and the

personality. This conflict created negative emotions, energy blockages, which led to physical diseases. Bach's remedies focus on the patient's personality, which he believed to be the root of diseases.

The flower remedy is usually given in a 30ml bottle with a dropper. The bottle is filled with spring water and 2 drops of the mother tincture for each selected flower.

Bach suggested to get 4 drops of the remedy 4 times a day, diluted in water or any other drink. However, when the combination of the flowers is highly precise, even one drop per day can be effective.

The dilution process used for the mother tincture eliminates all the

molecules of the active principle of the flower. For this reason, many claims that the remedies contain only the “vibrational” nature of the flowers and describe Bach’s flowers remedies as vibrational medicine.

Many scientists’ objects that if no molecule of the active principle is present in the remedy the effect can only be a placebo effect.

To understand how attractors work, a scientific note is now necessary.

The energy-mass equation ($E = mc^2$), which we all associate with Einstein’s 1905 theory of special relativity, was published by Oliver

Heaviside in 1890¹, by Henri Poincaré in 1900² and by Olinto De Pretto in 1904³. Olinto De Pretto presented the energy-mass equation to the Veneto Institute of Sciences in an essay with a preface by the astronomer and senator Giovanni Schiaparelli. It seems that the equation arrived at Einstein through his father Hermann who was responsible for the lighting systems in Verona and that, as director of the “*Privileged Electrical Enterprise Einstein*”, he had frequent contacts with the Fonderia De Pretto that

¹Auffray J.P., *Dual origin of*

E=mc²: <http://arxiv.org/pdf/physics/0608289.pdf>

²Poincaré H., *Arch. néerland. sci.* 2, 5, 252-278 (1900).

³De Pretto O., *Lettere ed Arti*, LXIII, II, 439-500 (1904), Reale Istituto Veneto di Scienze.

made the turbines for the production of electricity.

However, the energy-mass equation has a problem: it cannot be generalized since it does not consider speed, which is also a form of energy. In 1905 Einstein solved the problem by adding the momentum (p), thus obtaining the energy-momentum-mass equation:

$$E^2 = m^2 c^4 + p^2 c^2$$

Energy is squared (E^2) and in the momentum (p) there is time. A square root must be used and consequently there are two solutions: positive-time energy and negative-time energy.

Negative time energy implies retrocausality: the future that retroacts on the past. This was considered impossible! To solve this paradox, Einstein suggested to remove the momentum, since the speed of physical bodies is practically nil compared to the speed of light. Considering the momentum equal to zero ($p=0$), the equation returns to $E=mc^2$.

However, in 1924 the spin of the electrons was discovered, an angular momentum, a rotation of the electron on itself at a speed close to that of light. In atomic physics the momentum of the spin cannot be considered equal to zero and consequently the extended energy-

momentum-mass equation of special relativity is required. The first equation that combined special relativity and quantum mechanics was formulated in 1926 by Oskar Klein and Walter Gordon. This equation has a retrocausal (advanced waves) and a causal (delayed waves) solution. The second equation, formulated in 1928 by Paul Dirac, has two solutions: electrons and neg-electrons (now named positrons) that propagate backwards-in-time. Positrons were experimentally observed in 1932 by Carl Andersen.

However, Heisenberg and Bohr, both with key positions in the institutions and academic world, declared that only causality could be

taken into consideration. From that moment, anyone who ventures into the study of retrocausality is discredited, expelled from the academia, and loses the possibility to publish and talk at conferences.

In 1941 Luigi Fantappiè, one of the foremost mathematicians, found himself struggling with the dual energy solution. Fantappiè could not accept that physicists had arbitrarily rejected half of the solutions of the fundamental equations of the universe. Listing the properties of the causal and retrocausal solution Fantappiè discovered that the causal solution is governed by the law of *entropy* (from Greek: *en*=diverging and *tropos*=tendency), while the

retrocausal solution is governed by a symmetrical law that Fantappiè named *syntropy* (*syn*=converging and *tropos*=tendency). With causality energy diverges, and heat dissipates, this is described by the second law of thermodynamics, also known as the law of thermal death and entropy. On the contrary, retrocausality implies converging energy, increase in temperatures, differentiation, complexity and the formation of structures and organizations. These are the mysterious properties of life and in 1942 Fantappiè published a booklet titled “*The Unitary Theory of the Physical and Biological World*” in which he suggests that the physical-material world is governed by the law of

entropy and causality, whereas the biological world is governed by the law of syntropy and retrocausality.

Negative time energy is invisible since we cannot see the future. The energy-momentum-mass equation suggests the existence of a visible reality (causal and entropic) and an invisible reality (retrocausal and syntropic).

An example is provided by gravity. We continually experience gravity, but we cannot see it. According to the energy-momentum-mass equation, gravity is a force that diverges backwards-in-time, therefore moving forward in time it is a converging force. It is invisible because it propagates from the

future. The fact that gravity is invisible is known to all, but that it propagates from the future is known to few people. How can we test this hypothesis? Einstein showed that what propagates from the future must have a speed faster than that of light.

Tom van Flandern (1940-2009), an American astronomer specialized in celestial mechanics, developed a series of procedures to test this hypothesis, measuring the velocity of propagation of gravity^{4,5,6}.

⁴ Van Flander T. (1996), *Possible New Properties of Gravity*, *Astrophysics and Space Science* 244:249-261.

⁵ Van Flander T. (1998), *The Speed of Gravity What the Experiments Say*, *Physics Letters A* 250:1-11.

⁶ Van Flandern T. and Vigier J.P. (1999), *The Speed of Gravity – Repeal of the Speed Limit*, *Foundations of Physics* 32:1031-1068.

In the case of light, which has a limited speed of 300,000 kilometers per second, we observe the phenomenon of aberration. For example, sunlight takes about 500 seconds to reach Earth. Thus, when it arrives, we see the Sun in the position of the sky that it occupied 500 seconds before. This difference amounts to about 20 seconds of arc. The light of the Sun hits the Earth from a slightly displaced angle and this displacement is called aberration.

If the speed of propagation of gravity is finite, one would expect to observe aberration in gravity measurements. Gravity should be maximal in the position that the Sun occupied when gravity left the Sun.

But observations indicate that there is no detectable delay in the propagation of gravity from the Sun to the Earth. The direction of the gravitational pull of the Sun is exactly towards the position in which the Sun is located, not towards a previous position, and this shows that the speed of propagation of gravity is infinite.

Van Flandern also noted that gravity has some properties. One of these is that its effect on a body is independent of its mass and that the bodies fall into a gravitational field with the same acceleration, regardless of whether they are heavy or light. Another property is the infinite extent of the gravitational force. The

extension cannot be infinite with forces that propagate forward-in-time, at a finite speed. The other curious property of gravity is its instantaneous propagation, which can only be explained if we accept that gravity is a force that diverges backwards-in-time.

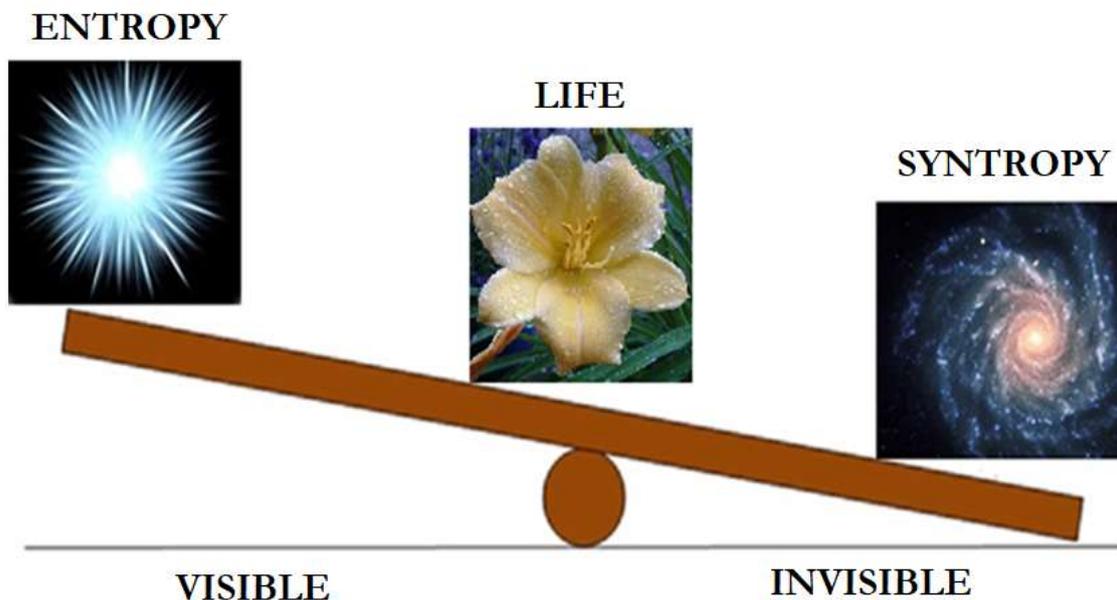
The first law of thermodynamics states that energy is a unity that cannot be created or destroyed, but only transformed, and the energy-momentum-mass equation shows that this unity is made of two components: a visible and entropic one and an invisible syntropic one. We can write that energy is equal to the sum of entropy and syntropy:

$$1 = Entropy + Syntropy$$

in the same way we can write that syntropy is the complement of entropy:

$$Syntropy = 1 - Entropy$$

This can be represented using a seesaw with life in-between the visible and the invisible, in-between entropy and syntropy.



However, Fantappiè failed to provide experimental evidence of his theory, since the experimental method requires the manipulation of causes before observing their effects.

Random Event Generators (REG) allow now to perform experiments in which causes are manipulated in the future and their effects are studied in the present.

The first experimental study dates to 1997, it was performed by Dean Radin of the ION (Institute of Noetic Sciences)⁷. Radin measured heart rate, skin conductance, and blood pressure in subjects who were shown a blank screen for 5 seconds

⁷ Radin D.I. (1997), *Unconscious perception of future emotions: An experiment in presentiment*, *Journal of Scientific Exploration*, 11(2): 163-180.

followed by images that, based on a Random Event Generator, could be calm or emotional. Radin observed a significant arousal (activation) of the parameters of the autonomic nervous system before the presentation of emotional images. In 2003, Spottiswoode and May, of the Cognitive Science Laboratory, replicated these experiments carrying out a series of controls to study possible artifacts and alternative explanations. Results confirmed those already obtained by Radin, of the activation of the parameters of the autonomic nervous system before the presentation of emotional

stimuli⁸. Similar results have been obtained by other authors, always using the parameters of the autonomic nervous system, for example: McCratly, Atkinson and Bradely⁹, Radin and Schlitz¹⁰ and May, Paulinyi and Vassy¹¹.

Daryl Bem, a psychologist, and professor at Cornell University, describes nine classical experiments in psychology, conducted in a time-

⁸ Spottiswoode P (2003) and May E, *Skin Conductance Prestimulus Response: Analyses, Artifacts and a Pilot Study*, Journal of Scientific Exploration, 2003, 17(4): 617-641.

⁹ McCratly R (2004), Atkinson M and Bradely RT, *Electrophysiological Evidence of Intuition: Part 1*, Journal of Alternative and Complementary Medicine; 2004, 10(1): 133-143.

¹⁰ Radin DI (2005) and Schlitz MJ, *Gut feelings, intuition, and emotions: An exploratory study*, Journal of Alternative and Complementary Medicine, 2005, 11(4): 85-91.

¹¹ May EC (2005), Paulinyi T and Vassy Z, *Anomalous Anticipatory Skin Conductance Response to Acoustic Stimuli: Experimental Results and Speculation about a Mechanism*, The Journal of Alternative and Complementary Medicine. August 2005, 11(4): 695-702.

reverse mode so as to obtain the effects before rather than after the stimulus.¹² For example, in a priming experiment, the subject is asked to judge whether the image is positive (pleasant) or negative (unpleasant) by pressing a button as quickly as possible. The reaction time is recorded. Just before the positive or negative image a word is presented briefly, below the threshold (at a speed which is not perceptibly at the conscious level). This word is called “*prime*”, and it has been observed that subjects tend to respond more quickly when the former is congruent with the image that follows (whether

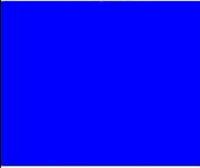
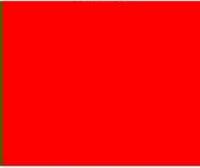
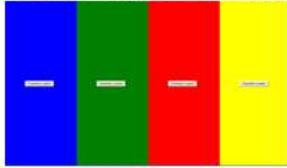
¹² Bem D (2011), *Feeling the future: Experimental evidence for anomalous retroactive influences on cognition and affect*, Journal of Personality and Social Psychology, Jan 31, 2011.

it is a positive image or a negative image), while reactions become longer when they are not congruent (for example, the word is positive while the image is negative). In *retro-priming* experiments, the usual stimulus procedure occurs later, rather than before the subject response, based on the hypothesis that this “inverse” procedure can influence retrocausally the responses. Experiments were conducted on more than 1,000 subjects, and they showed retrocausal effects with statistical significance of $p=1,34/10^{11}$ (one possibility among 134,000,000,000 to be mistaken when stating the existence of the retrocausal effect).

Fantappiè's theory of syntropy explains these results in the following way: "*Since life nourishes on syntropy, and syntropy flows backwards-in-time, the parameters of the autonomic nervous system that supports vital functions must react in advance to future stimuli.*" This general hypothesis can be translated in the following working hypothesis: "*Heart rate and skin conductance should react in advance to future stimuli.*"

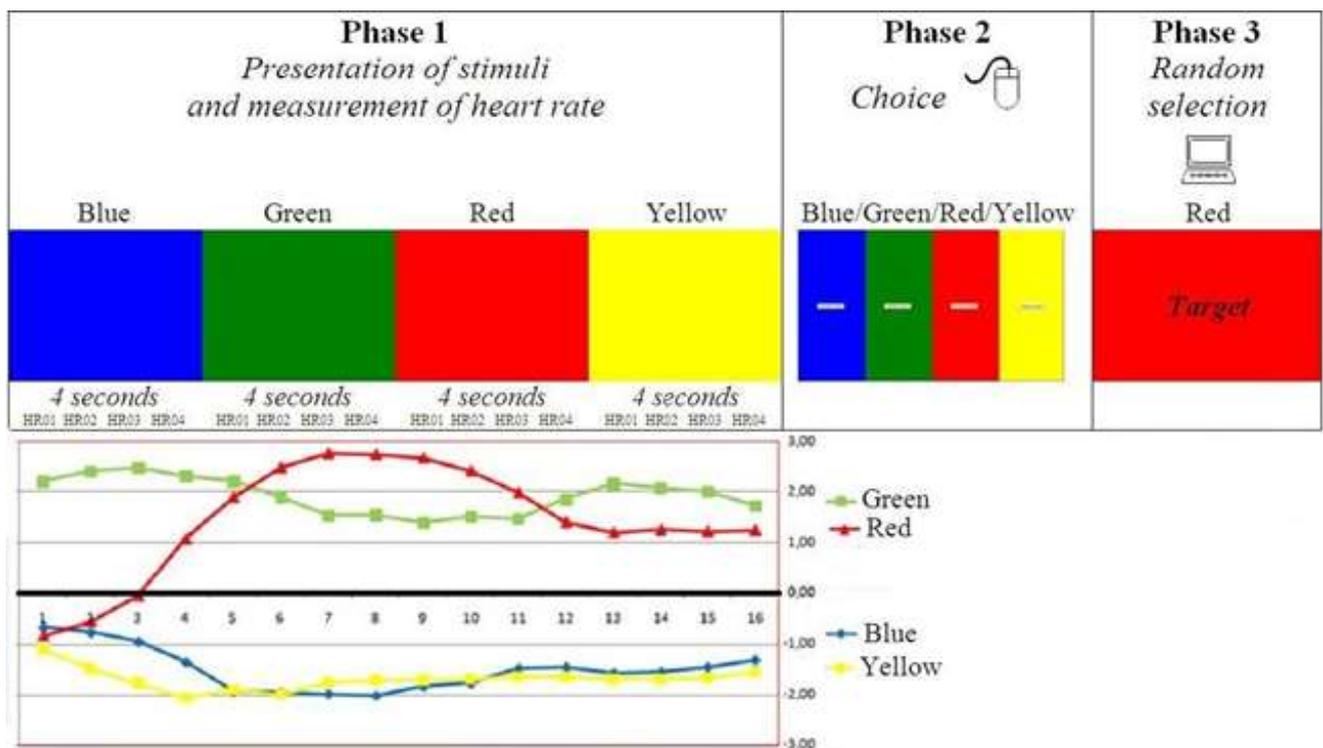
As part of her PhD thesis in cognitive psychology, Antonella Vannini conducted four experiments using heart rate measurements to study the retrocausal effect.

Each experimental trial was divided into 3 phases:

Phase 1 <i>Presentation of stimuli and measurement of heart rate</i>				Phase 2 <i>Choice</i> 	Phase 3 <i>Random selection</i> 
Blue	Green	Red	Yellow	Blue/Green/Red/Yellow	Red
					
<i>4 seconds</i> HR01 HR02 HR03 HR04	<i>4 seconds</i> HR01 HR02 HR03 HR04	<i>4 seconds</i> HR01 HR02 HR03 HR04	<i>4 seconds</i> HR01 HR02 HR03 HR04		<i>Feedback</i>

- *Phase 1, presentation*, in which 4 colors are shown one after the other on the computer screen for exactly 4 seconds. The heart rate is measured every second.
- *Phase 2, choice*, in which an image with 4 colored bars is shown to allow the subject to guess the target color.
- *Phase 3, target*, in which the computer randomly selects the target color and shows it full screen.

The hypothesis was that in the presence of a retrocausal effect, differences should be observed between heart rates measured in phase 1 in correlation with the target colour of phase 3.



Effect seen in one subject

When the retrocausal effect is absent, the differences of the mean values of

the heart rates tend to zero and the lines vary around the baseline (the 0.00 line), whereas the stronger is the retrocausal effect and the more the lines separate from the baseline. A detailed description of this experiment is available in the books “*Retrocausality: experiments and theory*”¹³, “*A syntropic model of consciousness*”¹⁴ and in “*The methodology of concomitant variations*”¹⁵

We are used to the fact that causes always precede their effects. But the

¹³ Vannini, A. and Di Corpo, U. *Retrocausality: experiments and theory*, ISBN: 9781520275956, www.amazon.com/dp/1520275951

¹⁴ Vannini, A., *A Syntropic model of consciousness*, ISBN: 9781520834412, www.amazon.com/dp/1520834411

¹⁵ Di Corpo, U. and Vannini, A., *The methodology of concomitant variations*, ISBN: 9781520326634,

<https://www.amazon.com/dp/1520326637>

energy-momentum-mass equation
implies three types of time:

- *Causal time*: when systems diverge, as is the case of our expanding universe, entropy dominates, causes always precede their effects, time flows forward, from the past to the future, and retrocausal effects are impossible, such as light waves that propagate backwards in time or radio signals that are received before being transmitted.
- *Retrocausal time*: when systems converge, as is the case with black holes, retrocausality dominates, effects always precede causes, time

flows backwards, from the future to the past, and no forward effects are possible. Therefore, no light is emitted from black holes.

- *Supercasual time*: when diverging and converging forces are balanced, as is the case of atoms and quantum mechanics, causality and retrocausality coexist and time is unitary.

This time classification recalls the ancient Greek division into: Kronos, Kairos and Aion.

- *Kronos* describes the sequential causal time, which is familiar to us, made of absolute moments that

flow from the past to the future.

- *Kairos* describes the retrocausal time. According to Pythagoras, kairos is at the basis of intuitions, of the ability to feel the future and to choose the most advantageous options.
- *Aion* describes the supercausal time, in which past, present and future coexist. The time of quantum mechanics, of the subatomic world.

This classification suggests that syntropy and entropy coexist at the quantum level, the Aion level, and that life originates at this level. A question arises: *How does syntropy flow*

from the quantum level of matter to the macroscopic level of our physical reality, transforming inorganic matter into organic matter?

In 1925 the physicist Wolfgang Pauli (1900-1958) discovered the hydrogen bridge (or hydrogen bond) in water molecules. The hydrogen atoms of water molecules are in an intermediate position between the sub-atomic (quantum) and the molecular (macrocosm) levels and provide a bridge that allows syntropy (cohesive forces) to flow from the micro to the macro. The hydrogen bond increases the cohesive forces (syntropy) and makes water different from all other liquids, with cohesive forces ten times more powerful than

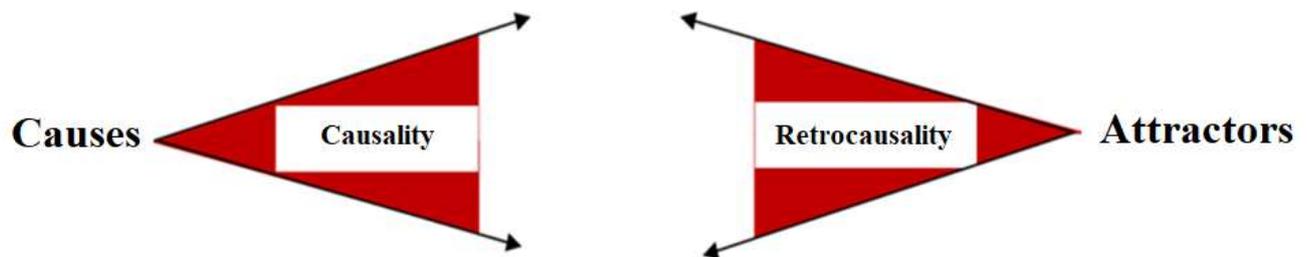
the van der Waals forces that hold the other liquids together. Because of these remarkable cohesive forces, water exhibits abnormal properties. For example, when it freezes it expands, it becomes less dense and floats; on the contrary, other liquids when they freeze contract, become denser and heavier and sink. The singularity of water lies in its attractive and cohesive properties (typical of the law of syntropy). The hydrogen bond allows syntropy to flow from the subatomic level to the level of the macrocosm and makes water essential for life. Ultimately, water is the life-giving lymph, which provides syntropy (i.e. life). According to syntropy water is an

essential element for the manifestation of any biological structure.

It should be noted that hydrogen bonds also work in the opposite direction. Beside allowing syntropy to flow from the micro to the macro, they allow information to flow from the macro to the micro, informing syntropy, the attractor.

When working with causality, a bigger cause must be used to achieve a bigger effect. This is since causality diverges and tends to dissipate. On the contrary, when working with retrocausality, the effect is amplified by the attractor. The smaller is the cause (the active principle), the more

it can be amplified and the greater is the effect.



This strangeness of attractors was first enunciated in 1963 by the meteorologist Edward Lorenz¹⁶, who discovered that when it comes to water a small variation can produce an effect that amplifies. To describe this situation Lorenz coined the famous sentence: “*The flap of a butterfly’s wing in the Amazon can cause a hurricane in the United States.*” For this

¹⁶ Lorenz E. *Deterministic Nonperiodic Flow*. Journal of the Atmospheric Sciences 1963; 20: 130-140.

to happen it is necessary that the small flap (the active principle) is in line with the attractor. Otherwise, entropy prevails, and the small energy of the flap disperses. An active principle which is in line with the attractor is amplified, on the contrary an active principle which is not in line with the attractor becomes nil. *The hydrogen bond operates in both directions: from the micro to the macro, amplifying the effect, and from the macro to the micro informing the attractor. When we insert in water a diluted flower essence, its information (vibration) informs the attractor (syntropy). The greater the dilution, the greater will be the contribution of the attractor in the amplification of the*

effect. This happens only if the flower remedy is in line with the attractor.

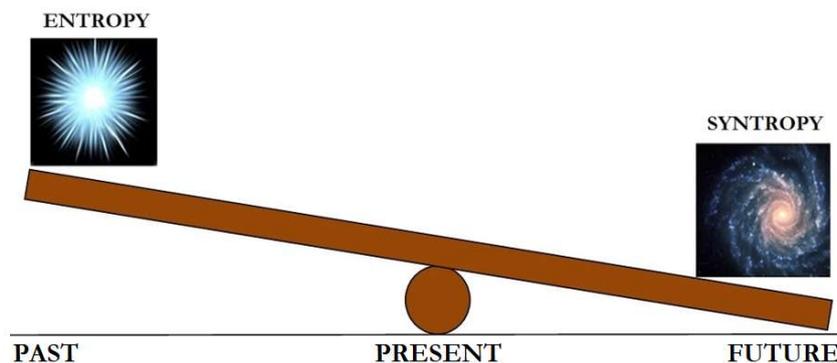
ENTROPY REDUCITON AND SYNCHRONICITIES

Entropic energy governs the visible world, whereas syntropic energy rules the invisible world. These two energies are complementary since when one increases, the other decreases: as in a seesaw.

Entropy and *Syntropy* are the two opposite tendencies of energy: *Entropy* is diverging, acts from the past, destroys and goes towards disorganization and disorder, *Syntropy* is converging, builds, increases

complexity and organization and is goal oriented.

Life always seeks to: *lower entropy and increase syntropy*



But entropy is produced by our activities! How can we stay active and increase syntropy? This is the challenge. This is the game of life!

To better understand this game, some very simple examples of financial coaching will be used.

Case # 1

«I am a freelance, single, my expenses exceed incomes by five hundred euros per month. Savings are ending. I'm cutting all the expenses: no money in the wallet, no credit in my mobile phone. But things are going from bad to worse.»

Let's see how it went.

«How much do you spend for your mobile phone?» I asked.

«About 40 euros a month, but I always find myself without credit.»

«Why don't you change provider? There are interesting promotions. With only 10 euros a month you can have unlimited minutes and SMS and 20 gigabytes of internet.»

Changing provider and choosing a new contract increased the quality of life and decreased the expenses (ie entropy) by over three hundred euros a year!

The trick is to reduce entropy, by improving the quality of life!

When entropy (expenses) and syntropy (incomes) are balanced, the invisible world begins to manifest. In this example we need to reduce spending by at least six thousand euros a year before the magic of the invisible world starts showing.

«Do you take shirts to the laundry to be

ironed?» I asked.

«I wash them, but I am not able to iron them. I take them to the laundry to have them ironed.»

«How much does it cost you?»

«Between 50 and 70 euros a month.»

«Why don't you ask your maid if she can iron them for 8 euros per month?»

The maid immediately accepted. Another small optimization that led to save over six hundred euros a year, and increased the quality of life by eliminating the hassle of going to the laundry. Again an increase in the quality of life while saving! These first two optimizations reduced entropy by one thousand euros a year and increased the quality of life. The goal

is to reach six thousand euros to balance incomes and expenses.

«Do you go to work by car?»

«I also use the scooter to save money, but the traffic is really dangerous!»

«Why don't you use your bicycle?»

«On these roads?!»

«No, on alternative roads.»

«My house is in the city center, the office is not far away, but I have always considered the bicycle impossible due to the difference in altitude of over 30 meters. I would arrive tired and sweaty.»

«If you have to climb it is better to choose a steep but short road, get off and push, rather than pedaling.»

Thus he discovered the beauty of the

streets of the old city center and of the parks. In less than 25 minutes he could reach his office by bicycle. It took more time by car or scooter. The next day he sold the scooter, canceled the insurance and the garage. Another three thousand euros saved per year. With this simple optimization, he received other advantages: he exercised and no longer needed to go to the gym, more money and time saved! Moreover, he spends less on fuel.

Entropy has now decreased by over four thousand euros a year and the quality of life has improved! We need to find another two thousand euros before syntropy, the invisible world, can begin to show.

«Your electricity bill exceeds 200 euros every two months! As a single you should not pay more than 50 euros.»

«What should I do?»

«Try using low energy light bulbs, such as LED lamps, and set the timer to the water heater.»

Small changes that required little time and money. One hundred and fifty euros saved every two months, nine hundred euros a year. With this small optimization he felt consistent with his ecological beliefs and the quality of life increased. Now he had reduced his expenses by over five thousand euros a year! We must reach the goal of six thousand euros a year!

«How much do you pay for electricity in your office?»

«About 300 euros every two months.»

«Do you use halogen bulbs!?»

«Yes.»

He discovered that he could save over a thousand euros a year simply by replacing halogen spotlights with LED spotlights.

Now that the expenses no longer exceed the incomes, syntropy starts showing in the form of synchronicities: meaningful coincidences.

The psychologist Carl Jung and the physicist Wolfgang Pauli coined the

term synchronicity to indicate an invisible causality different from that familiar to us. Synchronicities manifest as meaningful coincidences because they converge towards an end.

Invisible causality acts from the future and groups events according to a purpose, to an attractor. Synchronicities are meaningful since they have a purpose.

«How much do you pay for the rent of your office?»

«Nothing. It is owned by my aunts.»

«They could rent it and make a profit, but you use it for free?!»

«Exactly.»

«And what are your aunts living on?»

«They both receive a pension and have some savings, but their financial situation is not good, they constantly complain.»

«Have you ever thought about renting a room in an office and letting your aunts rent their apartment?»

«I have no money, I can't afford to pay a rent!»

«How's your business going?»

«I have few clients, perhaps because of the economic crisis, but also because of the position of the office.»

«A less prestigious office, but in a strategic and well-connected place could help you have more customers?!»

The first synchronicity is the following. The day after this dialogue, as if by magic, he received the offer of

a room in an office in the most central area of the city, at the price of only 250 euros a month, including all utilities! The aunts' apartment was in a very beautiful and prestigious place, but difficult to reach and there was no parking place: beautiful, prestigious, but inconvenient and very expensive. However, he hesitated, he didn't dare!

The next day another synchronicity occurred. He received a call from the doorkeeper. An airline company offered 2,800 euros a month for his aunts' apartment. Obviously, the aunts asked him to find another place. Fortunately, the day before he had received the offer of a room. But still, the office in the city center was in a very noisy area: well-connected, but

chaotic.

The third synchronicity is the following. That same afternoon he was walking in the city he likes most. It is not central, but it is green, quiet, and well connected. At a shoemaker's window, he saw a notice for a room in an office. The apartment was in the building next to the shoemaker. He called and immediately went to see it. He instantly decided to rent the room. In a city like Rome, it is difficult to find rooms for rent in professional studios and above all in such a beautiful place of the city.

Synchronicities attract to places and situations that otherwise we would not have taken into consideration and

solve our problems. Synchronicities are accompanied by feelings of warmth and well-being in the thoracic area that inform us that we are on the right path.

«I began to feel warmth and well-being in the chest area. My clients like the new studio. There is parking place, it is nice, quiet and it is near an underground station. My business is thriving, my savings are increasing and my sentimental life has improved.»

Syntropy together with synchronicities offers wealth and happiness. But when things go well it is easy to fall into entropic and dissipative lifestyles and this reverses

the trend.

A few months later he received a job offer, a prestigious job abroad: his dream!

He immediately accepted and moved. The salary was high, and taxation was low. Suddenly he could become a rich man living the rich life he had always dreamed. But in this way entropy increases and syntropy decreases and we fall back into failure and suffering!

«The foreign company was only interested in making money, without any ethics. I had to work almost fifty hours a week, there was nothing else outside the company. It was necessary to give absolute priority to what

was profitable, even if immoral. A few months later I felt disgusted with my profession. Taxes were low, but I had to pay all the services. By adding the rent of the house and the expenses related to the fact that I was a foreigner, I paid much more than I earned. After only six months I had accumulated more than twenty-eight thousand euros of debts! The dream had broken and had become a nightmare. From heaven I fell into hell. I had no time for myself or for my love life. First, I felt discomfort, then suffering, and then depression and panic exploded. I decided to return to Italy!»

Case # 2

«I had joined a gym class. The instructor behaved as a guru with seductive ways that hooked me. He asked to join seminars and retreats, for extra money. Within a few months I was totally addicted and was unable to stay away from him. For the gym and seminars, I was paying several hundred euros a month. This self-proclaimed guru wanted always more money and was asking to other join rituals and shamanic practices, that had little to do with spirituality. I felt an unbearable pain in my chest. I was able to calm this pain only with coffee.»

Let's see how it went.

«Do you keep track of your expenses?» I said.

«No, I never do. What should I do?»

«Keep a diary, write down what you spend and for what.»

Most people are unaware of what they do with money. Keeping a diary is an exercise of awareness. After a couple of days, we met again:

«The diary made me discover that I go to the bar 5 times a day. More than I thought!» She said.

«And how much do you spend?»

«Each time at least 2 euros. All together I spend more than 10 euros per day.»

«That is 4 thousand euros a year!» I added. «Are you happy with the quality of the coffee at the bar?»

«No! I often have acidity, and the coffee is usually terrible!»

«Do you have alternatives?»

«Yesterday I went to an appliance store and a saleswoman asked me to try the coffee made with a small Nescafe machine. It was great and creamy as I like it!»

«What is the price?» I asked.

«Just 49 euros!»

«How much do you spend for the bar?»

«Over 10 euros per day!»

«This Nescafe machines costs 5 days at the bar!»

«Yes 49 euro.»

«Then buy it!»

«I don't have the money!»

«Buy it straight away, and stop going to the bar. You'll find yourself with a lot of money!»

«Isn't it a luxury?»

«No, it is a necessity. You will save money!»

We met a few days later:

«How are you? Did you buy the Nescafe machine?» I asked.

«Yes I bought it straight after our last meeting and I have not been back to the bar since.»

«Something else happened?»

«When I stopped going to the bar the guru asked me to join activities that I could not accept.»

«Such as?»

«The first request was a blood pact that could only be dissolved with death.»

«And then?»

«The second request was to use drugs that would facilitate the spiritual path.»

«And what was your reaction?»

«I didn't know how to leave him. He had isolated me from my family, from my profession, from my husband and from all that is good and important in my life.»

«Did something happen?»

«I was trapped in a pattern that I was repeating automatically and obsessively. Even though I knew that what I was doing caused me pain and suffering and caused pain and suffering to those around me, I felt compelled to repeat this pattern. I went to a dinner at a friend's house, and I met a psychotherapist specialized in freeing people

from these types of patterns. After a couple of sessions, I felt the courage to abandon the guru. Others are now following my example. I no longer feel the inner pain in my chest and my need for coffee has diminished. I now have money. I can spend it on healthier activities. Yesterday I went to a music school near my home, I have enrolled in a piano course!»

The Nescafe machine lowered entropy, and syntropy increased opening the way to synchronicities and healing. Friends and family had tried to help her, even offering money if she abandoned the guru. Just lowering entropy thanks to the coffee machine triggered synchronicities that gave her the strength to solve the

situation. A 49-euro Nescafe machine neutralized the diabolic guru!

Case # 3

*«Tell me, which is the problem!» I said.
«It is two years now that I have lost my job and my wife lost her job six months ago. The situation is difficult. Despite the help of friends, I am not able to find work. I have been sending job applications without receiving any response. We have a three year old child who is ill. At home there are continuous tensions. We live in a poor area of the city. My father pays for the rent of our apartment and for the food.»
«Where do your parents live?»*

«They live in the center of Rome. They constantly ask us to go and live with them. They would be happy to have us. The house is big, and we would have a lot of space, compared to now the ugly small apartment we live in.»

«Why don't you accept?»

«I believe in an independent life.»

«But your father is paying for all your expenses!»

«Yes, this makes me feel very bad!»

«And what do you do?»

«I have fallen into a depression, which is becoming more acute. I am followed by a psychiatrist.»

«Did you try Bach's flower remedies, they can be very powerful.»

When we met again:

«Did something new happen?»

«My wife threatened to return to her parents with our son!»

«And?»

«Maybe because of Bach's flowers I had flashes of the past.»

«For example?»

«I was two years old and had to go to the toilet. We were at the sea, and I needed the help of my father but he didn't listen to me. I kept asking, and he was just not paying notice.»

«And?»

«Last week I decided to move back to my parents with my wife and son. My depression has faded away. I help my parents and my grandmother. My son is feeling better. My life now has a purpose

and a meaning. I no longer must pay the rent and the expenses have dropped. The house in which we live is big and comfortable. My son is happy, the area is beautiful, and we can go out for walks. The work is flourishing again.»

My personal experience with synchronicities

My father was born in a mountain village in Central Italy, inaccessible in winter because of snow, with temperatures well below zero at home. People had to cooperate, there was cohesion and love. Depression did not exist and everyone had a purpose and a meaning.

My father lived a minimalist lifestyle

and I learned from him to choose low entropy alternatives. This provides me joy and happiness. For example, I always prefer the bicycle to the car or scooter, I am a vegetarian because it reduces the impact on the environment. Living a minimalist lifestyle has paved the way to the synchronicities that I have experienced in my life and which I will now share with you.

Synchronicity # 1

I formulated the theory of syntropy in 1977 and presented it on the 30th of June 1981 in my dissertation in psychology. I then went for a month

to England, in the small village of East Meon, where my mother had inherited an old, thatched roof cottage.

On Wednesday July 29th, 1981, Charles and Diana married, the village pub was crowded with people and a local boy asked me to participate to the royal wedding celebrations.

«I want to introduce you to an Italian girl,» he told me.

It seemed strange to me that an Italian girl could be in the pub of such a small village, lost in the middle of the English countryside.

«My name is Lucia!» she said.

I was immediately struck by her beauty.

Given the strange coincidence I dared: «*Do you come from Rome?*».

«*How do you know?*»

I continued: «*Do you go to the Kennedy High School?*» (it had been my high school).

«*Yes!*» She answered with surprise.

«*Do you know Carla Ott ...?*»

«*She is my classmate! She sits next to me!*»

Simply impossible coincidences! The strangest thing was that my mother and her mother had the same age and came from that same village, but they had never met. They married Italian men and lived in Rome, a few hundred meters away from each other, but they had never met. We had the same friends, but we had never met.

My girlfriend was very jealous and lived in front of Lucia's house. Back in Rome I lost contacts with her.

I enrolled in a PhD in statistics and after the dissertation I started teaching in the Faculty of Statistics. One of my first students was Lucia. She had enrolled in statistics, without knowing about me being there.

An impressive series of coincidences started, which led me to believe that we were bound by a destiny. I began to feel love of an intensity that I had never experienced before. Words that once seemed abstract, like love and heart, suddenly became central, tangible, vital, the most important aspects of my life.

I went on teaching at statistics, probably because Lucia was there. Her presence motivated me and I began to spend a lot of time at the University. The dean, Vittorio Castellano, became interested in my work and read my dissertation on syntropy. He immediately showed great interest and told me: «*Your theory of syntropy matches the theory of syntropy of Luigi Fantappiè!*»

I had never heard of Luigi Fantappiè and his theory of syntropy was impossible to find. I later noticed that July 29th, 1981, the day when I met Lucia, was also the 25th anniversary of the death of Luigi Fantappiè.

I now know that synchronicities have a purpose and the purpose of the

synchronicities I had with Lucia was to guide me towards Vittorio Castellano and discover the works of Luigi Fantappiè.

Synchronicity # 2

Vittorio Castellano was enthusiastic about my work. He considered it the best he had ever seen in the Faculty of Statistics. But, after his death, I found myself alone with syntropy. I started working as a free-lance for research institutes, focusing mainly on social topics and providing the methodological and statistical support to researchers.

No one seemed interested in syntropy. In October 1996, while I was jogging in a park in Rome, the plot of the novel *Syntropy, the Theorem of Love* suddenly took shape in my mind. I wrote it in November 1996 and decided to self-publish it in April 1997.

Few days later Nicola, a poet and friend from Padua, came to visit me in Rome. We went to dinner at the Jaya-Sai-Ma, a vegetarian restaurant near my home and chose a table. The restaurant owner, Menalda, invited us to change tables. I asked why, given that there were so many free tables and the one we chose did not seem to have been booked by anyone.

«We have just used this table for a presentation of Ayurvedic products,» she said, «products charged with energy. We have to take this table away.»

I asked her: *«Do you also organize book presentations?»*

Menalda: *«Of course! And if the book deals with vegetarianism, we provide everything for free, also refreshments.»*

I had become a vegetarian on February 19th, 1972. The first vegetarian in the family had been my English grandfather, John Hubert Brocklesby. He became a vegetarian in prison during the First World War. He declared himself a conscientious objector, was imprisoned in the Richmond Castle and had to face court martial. He knew that he would

have been sentenced to death. Another conscientious objector told him: «*If you talk with your heart it is God who speaks through you.*» This gave him courage. Then: «*If you don't eat meat, the voice of the heart grows stronger.*» My grandfather became a vegetarian in prison to serve the will of God and face court martial. A book was written using his diaries.¹⁷

I replied to Menalda: «*Yes, Syntropy the Theorem of Love also deals with vegetarianism.*»

Menalda repeated that they were going to supply everything for free, including refreshments.

¹⁷ Jones WE, *We Will Not Fight: The Untold Story of World War Ones Conscientious Objectors*, www.amazon.com/dp/1845133005/

I wrote down her phone number and as soon as the printer told me the date when the book would be ready, I called her. «*Yes, I remember you, come for dinner tonight and we will talk about it.*»

I had prepared myself too quickly. I opened randomly the newspaper and found myself in front of a page entirely dedicated to Sai Baba. I read it quickly and as I read the interest grew. I was struck by the similarities between the novel *Syntropy, the Theorem of Love* and the message of Sai Baba. The novel describes the beginning of the era of love and Sai Baba says that the message of love is at the core of all the religions.

When I arrived to the restaurant, I noticed a large poster of Sai Baba.

Menalda made some observations on the cover of the book and confirmed her total availability. While I was describing the novel, one of the waiters, Maurizio, saw the cover and exclaimed: «*Syntropy, what Fantappiè was talking about!*» I was stunned. Few, almost none, knew about Fantappiè's small book on syntropy. I spoke with Maurizio and discovered his profound knowledge of syntropy. I asked if he could introduce me on the day of the presentation, the 9th of July.

At the beginning of July, I was talking with Alessandra, a friend: «*Don't you find the circumstances that led to the first presentation of the book at the Jaya-Sai-Ma strange? It is all because of Nicola!*» I said.

«It would be really nice,» Alessandra added, *«if Nicola could be with you at the presentation.»*

As soon as I hanged up, the phone rang again: *«Hi, I'm Nicola! I wanted to tell you that on Wednesday night I will be in Rome with my son, we are going on vacation in Sicily. Can you host us?»*

With Alessandra I had just talked about Nicola and now he was materializing on the day of the presentation of the book.

On Wednesday July the 9th, the day of the presentation, my car did not start (the tank was practically empty, and I had parked uphill). Despite this unexpected problem I managed to bring enough copies of the book to the restaurant thanks to Nicola's car.

Maurizio arrived on time. There were about sixty people. I thought of Nicola's strange coincidence.

Maurizio: «*I was struck by the fact that the message of the novel coincides with Sai Baba's message of love.*»

In those days I had read something about Sai Baba, and I had found a strong analogy with *Syntropy the Theorem Love*.

Maurizio continued: «... *the starting date of this novel, November 23, 2026, is the day of Sai Baba's one hundredth birthday.*»

I jolt. I had chosen the date to have ISTAT's centenary on the right date (November 26th) and from there I went down until November 23rd. I quickly opened some books on Sai

Baba and saw that Sai Baba was born on November 23rd, 1926.

Maurizio added: *«As you know, Sai Baba says that in his current life his mission is to remember the message of love. On November 23rd, 2026, the date on which he will reincarnate, the era of love will start.»*

These strange coincidences led the novel to become popular among Sai Baba's followers. Many came to me sure that I was the pen of Sai Baba. I avoided getting involved in Sai Baba's groups, despite numerous invitations. However, after this moment of popularity I again found myself alone with syntropy.

These strange coincidences made me feel that I was not alone, that I was

assisted by an invisible force in the path towards syntropy.

Synchronicity # 3

On January the 6th, 2001, I went to lunch at my father's house and on the way back I walked in front of Sai Baba's vegetarian restaurant and expressed, almost unconsciously, the desire of a partner with whom to continue the work on syntropy.

That same evening, I went out with an English girl. She told me that all the girls who have very short hair, like she had, are lesbians. The following evening, I went to a party and saw two girls come in the house, both with

very short hair. My rational mind immediately said that they were two lesbians, while my heart pointed at one of them and said: «*it is her.*» Two totally diverging messages. I took courage and started talking to Antonella, the girl my heart was pointing to. Antonella told me she had left university because she needed to work. The rational mind was screaming NO, since she had no knowledge of mathematics, she wasn't the partner I was looking for. However, the heart continued to focus on her. We exchanged telephone numbers. I wanted to go out with her the next evening, but I was without a car, someone had tried

to steal it by doing considerable damage to the steering wheel.

On January 9th, 2001, the mechanic gave me the car back. I called Antonella and invited her to dinner. An incredible Moon eclipse accompanied us throughout the evening.

The next day we went out again. It was 10.01.01 (10 January 2001), we engaged and nine months later we married. The same date but reversed: 10.10.01 (10 October 2001).

As a wedding present, I gave Antonella the possibility to return to university. I told her to follow her heart. She chose cognitive psychology. She was not interested in syntropy, but she slipped on the

equation from which the dual energy solution starts. The first thesis was entitled *Entropy and Syntropy, from mechanical to life sciences*.¹⁸ During this work the contact with Fantappiè's family was established and with the lawyer Elena Fantappiè who has supported us since.

Antonella's master thesis was an extension of the first thesis with a focus on the *Theory of Vital Needs* and the *Theorem of Love*.

The PhD dissertation was entitled *A syntropic model of consciousness*.¹⁹ Antonella conducted four experiments that gave scientific validity to the theory of syntropy. At

¹⁸ <https://www.amazon.it/dp/1520772548>

¹⁹ <https://www.amazon.it/dp/1520892527>

this point she became the target of violent attacks, not on a scientific level, but on a personal level. None of her tutors accompanied her to the national examining board. One asked to expel her from university. Everyone was terrified at the idea of being associated with the theory of syntropy. But she finally got her doctorate.

We met other groups working on similar theories. All of them were experiencing violent attacks on a personal level, censorship, lack of funding and expulsion from the academic world.

The dean of the faculty of engineering and applied sciences of the Princeton University, one of the

most prestigious universities in the United States, was enthusiastic about Antonella's work²⁰, but he too was the object of violent attacks. A real game of massacre. After the doctorate, Antonella decided to protect herself and her health by dedicating time to something else.

Despite the strong and replicable experiments that support this theory, the many conferences we have held and organized on the subject and the books we have published²¹, the mainstream academic world limits itself to entropy.

²⁰ www.sintropia.it/Princeton.pdf

²¹ www.sintropia.it/it - www.sintropia.it/en

The synchronicities I experienced with Antonella provided a leap forward in the path towards syntropy.

Synchronicity # 4

In March 2014, following an intense exchange of emails on retrocausality on the SSE forum (Society for Scientific Exploration), John Kinneman told me that a Turkish lady, Ayten Aydin, was writing about us and our publications. She had discovered our books and had found them enlightening with reference to the works of Robert Rosen on anticipatory systems. Kinneman sent me copies of her e-mails. I searched

for information and found the Wikipedia page of Ayten. I was amazed to discover that she lives in Rome, near my home. We met her and found out that she was a retiree from FAO (United Nations Food and Agriculture Organization) and that she had shared the same office with my father. She became a promoter of syntropy and since then we have been working together on many projects.

Synchronicity # 5

In 2015 I inherited my father's house in Ovindoli, which I finished renovating in 2017: www.ovindoli.cloud. The house can

accommodate more than 30 people. It is located in a very convenient place, close to the main square of the village, well connected, 2 kms away from the ski slopes of Monte Magnola, which is considered the best skiing resort next to Rome. A ski instructor had organized groups of students and the first group was due to arrive on January the 1st, 2018. Antonella could not help me since she was busy in other activities, and I had not found anyone.

On December 21, 2017, Gisele a Brazilian friend whom we had not seen for almost a year and a half, sent me a WhatsApp message from Russia saying that the work she was waiting for in Madrid had not been confirmed

and asked us what we were going to do on New Year's Eve and if she could join us. I asked Antonella and we invited her to stay with us. On December the 29th, she wrote again saying she was on a Norwegian flight from Helsinki to Rome. On board there was Wi-Fi and we started chatting via WhatsApp. The estimated arrival time was just before midnight. A friend had offered her hospitality for a couple of nights in Rome, but Gisele had no money for the taxi (and she had no money to go back to Brazil). She had the money for the bus ticket to Termini station, Rome's central station. But at that time of night the station is close, and the subway is no longer open. After

midnight the streets near the station fill with homeless, toxic and alcoholics, including criminals wandering like jackals looking for ways to take advantage of these fragile situations.

I was in Ovindoli, and I didn't like the idea of Gisele in a situation that could easily degenerate. I decided to go to Rome to pick her up at the airport. A difficult journey due to the heavy snowfalls and ice on the road. I arrived exactly when she was coming out of the airport, and I took her to her friend's house.

The first of January she arrived in Ovindoli with the first group of students who were going to spend a week in my house. She had no money

and I decided to take care of her and put her back on track. In March it was time to return to Brazil, her visa was expiring. She told me she had no job in Brazil and asked to help with the books.

Antonella, because of the attacks she had suffered during her doctorate, had moved away from syntropy. I knew I had a lot of work to do with the books and I knew that the novel I wrote in 1996 was incomplete and needed revisions and extensions, but I lacked inspiration. Gisele wanted to work on this book and as an economist and native speaker in Portuguese and Spanish, and with perfect knowledge of English and Italian, she was the right person for

the job. She provided inspiration and motivation and at the end *Syntropy the Theorem of Love* became part of a trilogy.

Gisele unexpectedly solved my problems in Ovindoli, just when I needed a person. She was with us for the first three months of 2018, then in Brazil for another three months and back to Italy, to Ovindoli, for the three summer months. When the project of the trilogy ended, in autumn 2018, our paths divided.

It is difficult to interpret the purpose of synchronicities when they are happening. For example, with Lucia I thought we were destined to each other, instead I now know that the synchronicities were intended to

guide me towards Vittorio Castellano
and the works of Luigi Fantappiè.

ATTRACTORS

In the summer of 1998 I was in Hungary, in the small village of Visegrád, for the 50th anniversary of Servas, an international hospitality club. The weather was fabulous, and we decided to take a hike in the mountains. The sky was clear, there was not a single cloud, but after only an hour of climbing in the woods a torrential rain began. Our maps melted in the rain, we were completely soaked, desperate and with no umbrellas. The path was now a

stream. Some abandoned the group and went downhill, others continued, since we had seen a campsite on the maps. When we arrived to the camp, a girl in the first tent, who was breastfeeding her baby and spoke no English, pointed to a wooden structure at the end of the field. We went there, rushed in, stripped off the soaked clothes, dripping water everywhere. I stumbled on a statue that was in the center of the room and in that moment, I realized that around us, facing towards the walls, there were about twenty monks in meditation. They didn't react to the noise we were making.

A woman arrived with dry clothes and accompanied us to another room.

When the monks finished their meditation, one asked if we wanted to stay for lunch. They also invited us to try their meditation, which I immediately felt incredibly familiar.

The next day I returned the clothes they had given us, and I tried again their meditation. I felt it again familiar and beneficial.

The following week I went there for 3 days. This type of meditation calmed the chatter of my mind and brought my attention to the heart.

I returned to Rome and a lady, who lives near my home, called asking information about Servas. She invited me to their yoga center, for a presentation that they were giving that same evening. I was stunned when I

found the same kind of meditation, I had discovered in Hungary that same week.

For a couple of years, I followed this Zen center, until the chatter of my mind calmed down completely. I started experiencing silence in my mind and the attention in the heart. I found Zen meditation fascinating and magic, since it connects me to the invisible world of syntropy and synchronicities.

During Zen meditation we don't react to stimuli. When we feel an itch, the feeling starts, grows and then fades away. We don't react, we just observe. When a thought comes it starts, grows, and then goes away. During Zen meditation a special

posture is used. If we fall asleep, we bend forward and our fingers touch, if we focus on the chatter of our mind, we bend backwards, and our fingers separate. We must keep the fingers of our hands just slightly touching.



Zen meditation reduces the chatter of the mind, it connects us with the heart and the invisible world of syntropy and fosters our intuitions and creativity.

Steve Jobs, the founder of Apple, one of the most creative and intuitive men, was a Zen meditator and considered Zen meditation a fundamental part of his life. He had a complex psychology, partly because he had been abandoned by his natural parents, a drama that accompanied him throughout his life. Having been rejected made him feel meaningless, depressed, and tormented to the point that he quitted university during the first semester of the first year.

He ventured to India searching for his true self and in India he discovered a completely different world based on intuitions: *“in the Indian countryside people do not let themselves be guided by rationality, as we do, but by intuitions.”* He

discovered that thanks to intuitions he could “*feel the future*”, an ability that was very developed in India, but practically unknown in the West.

Feeling the future, through intuitions, was for Jobs more powerful than rationality. In India he learned that to cultivate intuitions it was necessary to live a minimalist life, be vegan, avoid alcohol, tobacco, and coffee. He also discovered that Zen meditation could play an important role. When an intuition came to his mind it was like an order that he had to follow, without being influenced by the judgment of others: “*Others do not know the future, only our heart can show us the path.*”

He lived in a thrifty way, a life so

essential and austere that his children believed he was a poor man. He avoided wealth because it could distract from the inner voice of the heart. He was one of the richest men, but he lived in a minimalist way that favored insights and intuitions, the source of his innovations and fortune.

Jobs opposed marketing studies, as he believed that people do not know the future. Only intuitive people can feel the future.

Jobs was not an engineer, he had no scientific or technical mind, he was an artist! What do computers have to do with arts? Jobs knew little about electronics, but his intuitive mind showed him an object of the future. Thirty years earlier, in 1977, he had

the vision of an object that combines aesthetics, simplicity, technology and minimalism! A product that had to be technologically perfect, beautiful, simple, and silent! At his friend Steve Wozniak's house, he had the intuition of the smartphone, a computer that could be held in one hand. He asked Wozniak to develop a prototype of a personal computer, which he named Apple-I. He managed to sell a few hundreds of them, and this sudden success gave him the impulse to develop a more advanced model, suitable for ordinary people, which he named Apple-II.

His obsession with beauty and simplicity led him to devote an enormous amount of time to details.

Apple-II had to be beautiful, silent and at the same time essential and simple! It was an unprecedented commercial success that made Apple one of the leading global companies.

For Jobs intuitions were commands that he had to follow, regardless of the opinions of others. The only thing that mattered was to find a way to give shape to his intuitions.

The vegan diet, Zen meditation, a minimalist life immersed in nature, no alcohol and coffee, nourished his inner voice, the voice of his heart and strengthened his ability to intuit the future.

At the same time, this was the cause of great difficulties. He was irrational and bad tempered. He was aware that

his irrationality was incompatible with the management of a large company, and he therefore chose a rationalist manager: John Sculley, a famous manager he admired but with whom he entered continually in conflict, to the point that in 1985 the board of directors decided to fire Jobs from Apple, the company he had founded.

Apple continued to make money for a while with the products designed by Jobs, but after a few years the decline began. In the mid-1990s, Apple came to the brink of bankruptcy and on December 21st, 1996, the board of directors asked Jobs to return as the president's personal advisor. Jobs accepted. He asked for a salary of one dollar a year; in exchange his insights,

even if crazy, had to be accepted unconditionally. In a few months he revolutionized the products and on September 16, 1997, he became interim CEO. He resurrected Apple in less than a year. How did he manage?

“We should not let the noise of others’ opinions dull our inner voice and, more importantly, we must always have the courage to believe in our heart and intuitions, because they already know the future and know where we need to go.”

For Jobs, everything else was secondary.

Being interim marked all his new products. Their name had to be preceded by the letter *i*: *i*Pod, *i*Pad, *i*Phone and *i*Mac.

He talked about important business walking in parks or in nature. To celebrate a success, he invited colleagues to restaurants for \$10 per person. He collected flowers in the fields, and he wore the same clothes for years. Despite the immense wealth he had!

At the time of Apple I, he repeated that his mission was to develop a computer that could be held in one hand and not to get rich. For him money was exclusively a tool.

The ability to feel the future was the source of Jobs' wealth, the ingredient of his creativity, genius, and innovation.

Einstein believed that: *“the intuitive mind is a sacred gift, and the rational mind*

is its faithful servant. But we have created a society that honors the servant and has forgotten the gift.”

Jobs emphasized that almost everything, expectations, pride, and fears of failure, vanish in the face of death. When we are aware of death, we pay attention only to what is important. Being constantly aware that we are destined to die is one of the most effective ways to understand what is important and to avoid the trap of attaching ourselves to materiality and appearance. We are already naked in the face of death. Since we must die, there is no reason not to follow our heart and do what we must do.

Jobs believed in synchronicities. He

built the headquarters of Pixar around a central space, a large square, where people had to go if they wanted to eat or use the services. In this way chance encounters were favored, allowing the invisible world to activate intuitions, creativity, synchronicities, aesthetic sensibility and make visible what is not yet visible.

Jobs loved Michelangelo's famous words: *"In each block of marble I see a statue as if it were in front of me, shaped and perfect in attitude and action. I just have to remove the rough walls that imprison the beautiful appearance to reveal it to others as my eyes see it."*

Jobs believed that we all have a mission and that to fulfill it we must remove what is not necessary.

He died a few months after the presentation of the iPad, the computer that can be held in one hand, the mission of his life.

Jobs' life testifies that creativity comes from the invisible world and that we can access the invisible through intuitions. He showed that the voice of the heart brings the future into the present.

Jobs was considered by many a misfit. Back from India he was so poor that he started begging. He thought that his fruitarian diet prevented his body from smelling and did not use deodorants or take showers. At his first job, at Atari, they asked him to do the night shift, alone. No one wanted to be next to him.

When he discovered that the future influences the present, through intuitions and the heart, he developed the belief that reality is not determined, but can be shaped by our choices and our will.

He followed his intuitions, without the fear of others' people judgments and without the fear of being considered different.

He summarized his vision with these words: *“Here’s to the crazy ones. The misfits. The rebels. The troublemakers. The round pegs in the square holes. The ones who see things differently. They’re not fond of rules. And they have no respect for the status quo. You can quote them, disagree with them, glorify or vilify them. About the only thing you can’t do is ignore them. Because*

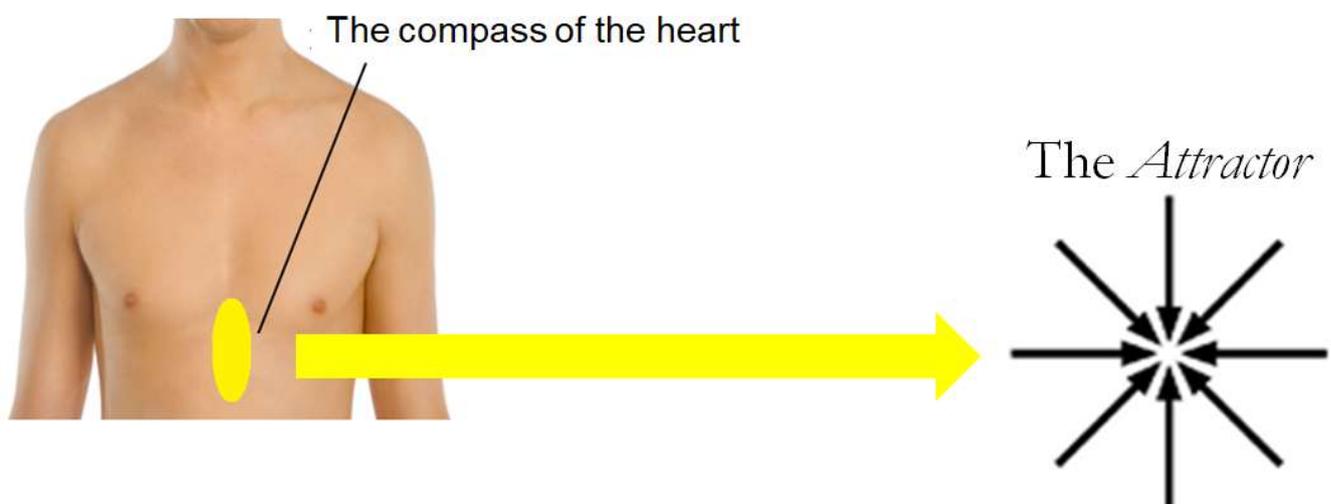
they change things. They push humans forward. And while some may see them as the crazy people who are crazy enough to think they can change the world, are the ones who do.”

Jobs focus on the heart, on intuitions and a minimalist lifestyle brought him to regard rationality and money as tools. For him the invisible world was real and the visible one was instrumental. He fasted and meditated to enhance the perception of the invisible world. The key elements of Jobs' success were a minimalist life, being a vegetarian/vegan, not drinking alcohol or coffee, Zen meditation, following the heart and being guided by intuitions.

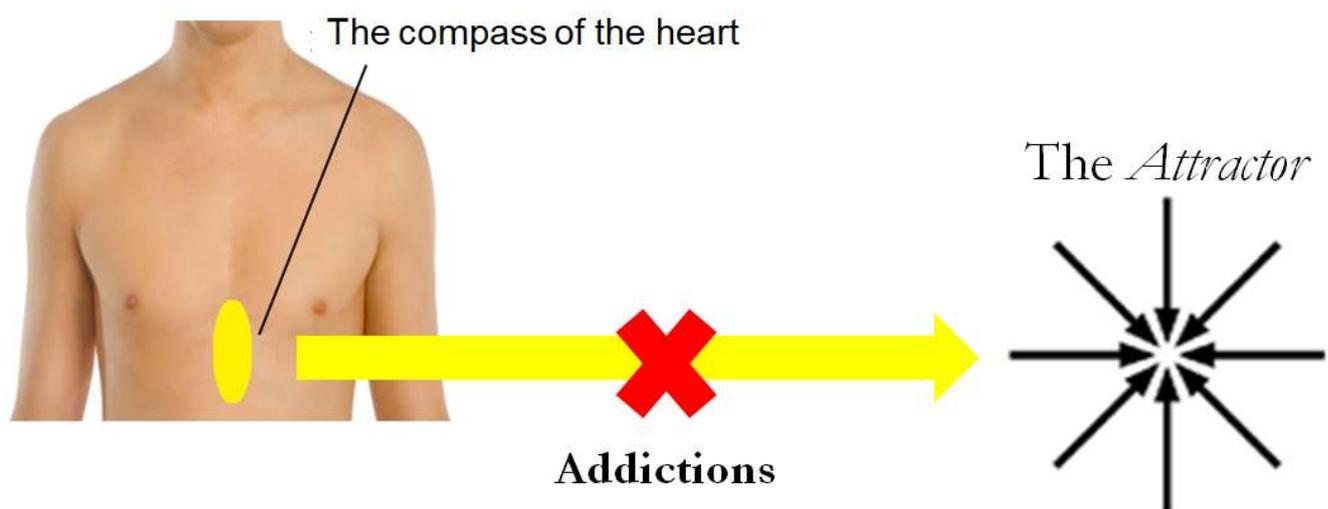
Antonella Vannini's experiments on retrocausality show that syntropy nourishes the autonomic nervous system.

Syntropy is the source of wellbeing, and since it concentrates energy, it is felt as warmth in the autonomic nervous system (heart area). On the contrary, when entropy prevails void and pain are felt in the form of anxiety, anguish, and angst.

These feelings work like the needle of a compass.



Most people are unaware of this compass and instead of using it to be guided towards wellbeing, they use substances that act on the autonomic nervous system, such as alcohol and heroin, to cover the feelings of void and pain.



We need to abandon all our addictions, since they undermine our ability to go towards wellbeing. This is not an easy task, the help of groups such as Al-aNon or others that the

Health System provides can be precious.

Depression and anxiety inform that we are not going towards the attractor, while happiness and well-being tell that we are converging towards the attractor.

The attractor is our purpose, our mission. Finding our attractor is challenging, but in the absence of it life is meaningless and not worth living. Every time we stop on our path towards the attractor, depression, and anxiety rise.

When we are converging towards the attractor synchronicities and amazing facts happen, by far more wonderful than we would ever imagine.

For example, for entirely unintended and unplanned reasons I had the joy to live 65 days without eating: the first 37 days with some fruit juice, and the following 28 days only with water.²²

After a few days without eating, instead of feeling weak, I felt stronger and full of energy. I had the impression I was feeding from some other source.

I searched and discovered other cases. For example, Michael Werner, born in 1949 in northern Germany and CEO of a pharmaceutical research institute in Arlesheim, became liquidarian in January 2001 and since then drinks only water and

²² Di Corpo U., *Liquidarism, Syntropy and Vital Needs*,
www.amazon.com/dp/B07QDGZWPS

does not eat solid food. In his book *Life from Life*²³ Werner says that:

“I found that my conversion to living without food went extraordinarily well. I expected to feel weaker and weaker during the first few days. But then I began to realize that in my case this weakness did not exist. Instead, I experienced a growing feeling of lightness during the day and a decrease in the amount of sleep I needed during the night. Going through this process was probably the most intense experience of my adult life.”

If it is true that one can live, be fit and healthy without eating, incredible

²³ Werner M., *Life from Light: Is it Possible to Live without Food? A Scientist Reports on His Experience*,
www.amazon.com/dp/B07NB2Q68Y

scenarios open up. Werner notes that being liquidarian is different from fasting:

“It is something completely different! With fasting the body mobilizes reserves of energy and matter and one cannot fast for an unlimited time, nor can one be without drinking. But the process I was undertaking was and remains a mental-spiritual phenomenon that requires a particular inner predisposition. There is a condition: opening to the idea of being able to be nourished by the etheric, by prana or by whatever it may be called. This is the necessary requirement. Then it will happen. I live liquidarism as a gift from the spiritual world.”

Rudolf Steiner (1861-1925), Austrian philosopher, social reformer, architect and esotericist, attempted to formulate a spiritual science, a synthesis between science and spirituality that applied the clarity of scientific thought, of the Western world, to the spiritual world. Steiner believed that matter was condensed light (he used the word light in a way like syntropy). If matter is condensed syntropy, there must be many ways to transform the invisible (syntropy) into matter. Our visible environment is immersed in an invisible environment, a syntropic reality that offers incredible possibilities, including that of living from syntropy. Steiner believed that life is impossible

without syntropy (ie without light), since syntropy is the vital energy that we continuously and directly absorb. To live only on water is possible when we absorb the vital forces from our etheric environment and condense them into substances. In other words, our body acquires structure and substance absorbing syntropy.

Michael Werner emphasizes that the only prerequisite for feeding on light (ie syntropy) is to trust it. He uses the words of Steiner:

“There is a fundamental essence of our earthly material existence from which all matter is produced through a process of condensation. What is the fundamental substance of our terrestrial existence?”

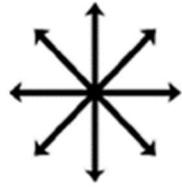
Spiritual science gives this answer: every substance on earth is condensed light! There is nothing but condensed light ... Wherever you touch a substance, there you have condensed light. All matter is, in essence, light.”

All matter is nothing else than condensed syntropy! When we converge towards the attractor, we experience this incredible fact.

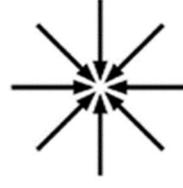
As Steve Jobs said, where some see madness, he saw genius. Because it is precisely thinking in a different way that leads to change and to evolve.

THE MEANING OF LIFE

Diverging energy is governed by the law of entropy and causality, whereas converging energy is governed by the law of syntropy, attractors and retrocausality. Syntropy is at the basis of life and the feeling of existing and brings consciousness to concentrate towards the infinitely small; on the contrary entropy expands physical reality towards the infinitely big.



Entropy



Syntropy

Consequently, when we compare ourselves with the physical world, we realize that we are extremely small. This can be written in a simple mathematical way:

$$\frac{I}{\textit{Infinite}} = 0$$

Compared to the infinity of the physical reality I am equal to zero

This identity conflict between *being and not being* is coupled with depression, such as feelings of being meaningless, useless, insignificant and that life has no purpose. People respond to these feelings by

expanding their Ego (the upper part of the equation), or by reducing the physical reality (the lower part of the equation). However, from a mathematical point of view, the only way to solve the identity conflict is provided by the *Theorem of Love*:

$$\frac{I \times \text{Infinite}}{\text{Infinite}} = I$$

*When I unite with reality through love,
the identity conflict vanishes I am equal to myself.*

The *Theorem of Love* shows that:

- only when we unite with the outside world, we overcome the identity conflict.
- love provides this unity (I x

Outside World), and therefore love gives meaning to life.

- love allows to shift from duality ($I = 0$) to unity ($I = I$).

The three main strategies which people use in the attempt to solve the identity conflict are:

- expand the Ego
- reduce the outside world
- cancel the outside world.

Strategy # 1: Expand the Ego

When we expand our Ego, for example thanks to the positive

judgments of others, depression vanishes for a few seconds. This brief relief leads to want more approval. We try to satisfy others' expectations and we use masks that isolate us, increase our loneliness, the identity conflict and depression. The more we seek the approval of others, the more we use masks, and the more we use masks the more we feel lonely and the identity conflict between "*to be and not to be*" increases.

The approval of others requires to be part of a group, and this causes the fear of being rejected. In a famous experiment, Stanley Milgram²⁴ studied

²⁴Milgram S. (1974), *Obedience to Authority: An Experimental View*, Harpercollins, New York, 1974.

to what extent people obey orders which are clearly wrong.

Milgram used volunteers divided into pairs, the first volunteer was asked to play the role of the teacher, while the second volunteer was the student. The student was taken to a nearby room and seated on a kind of electric chair, then entrusted with the task of memorizing a list of words. The teacher was given the task of listening to the student and of sending electric shocks when he was wrong.

The teacher used a switch. At the first error he was asked to send a shock of 15 volts, then 30 volts for the second error, 45 volts for the third error and so on, with regular successions up to 450 volts. Every six

increases in the intensity of the shock a voice warned: *weak shock, medium shock, strong shock, dangerous shock.*

Milgram explained to the teacher that the intensity of the shock had to be increased with each error. When the list was long and difficult, the answers were often wrong, and the teacher was asked to send stronger and stronger shocks. At 75 volts the students started complaining, at 150 volts they asked to interrupt the experiment, but Milgram ordered to continue. At 180 volts, the students started screaming because they couldn't stand the pain anymore. If the teacher showed any hesitation, Milgram ordered to continue, even

when the students, at 300 volts, shouted desperately to be freed.

The purpose of the experiment was to study to what extent the teacher was willing to follow orders. The teacher did not know that the student was a collaborator of Milgram and that he received no electric shocks. The student was in another room, his prayers and screams were not real, but they were recorded.

A group of psychiatrists estimated in advance that most teachers would stop at 150 volts, when the students started shouting for help. The results of the experiment, however, were surprisingly different: over 80% of the teachers continued the experiment

even after 150 volts, and 62% continued up to 450 volts.

However, it was not easy to obey. Many teachers began to sweat but were ordered to continue to increase the intensity of the shocks. Disobedience was easier when Milgram was not present and when orders were given by telephone, from a nearby room. Many teachers claimed to execute orders, but the students received weaker shocks than they should have. On the other hand, teachers obeyed more easily if the victims were far away; 30% agreed to force students to hold hands on a metal plate that was supposed to transmit very strong shocks, but if the victim was in another room and the

protest was limited to kicking the wall, the percentage of obedience exceeded 60%.

Results showed that teachers were unable to disobey orders which were clearly wrong.

Another way to expand our Ego is the equivalence “*I am what I have*”. Examples are money, popularity, power, and beauty. But, even when we expand our Ego to the highest limits, comparing ourselves to the infinity of the physical reality we are equal to zero. We can become the emperors of the planet, but we feel depressed and meaningless. We can decide the life or death of people, but we continue to feel equal to zero.

The brief relief from depression turns these strategies into vital needs. Everything we use to increase our Ego becomes vital. When a strategy provides a brief relief, we reiterate it. If we receive value through money, we want more money, if we receive it through beauty, we want more beauty, if through power we will seek more power.

Power, wealth, popularity, and beauty are based on the equivalence: “*I am what I have*”.

Erich Fromm in the book “*To Have or to Be?*” writes:

“So, if I am what I have, and what I have is lost, who am I? Nothing but a pathetic witness to a wrong lifestyle. Because I can

lose what I have I live constantly in the fear of being deprived of what I own. I am afraid of thieves, of economic crises, I fear revolutions, diseases, death, love, freedom, changes and the unknown.”²⁵

Strategy # 2: reduce the outside world

When we try to solve the identity conflict by limiting the external world to a group and being totally part of the group, we do whatever to be accepted.

Many examples are available. One dates to November 18th, 1978, when

²⁵ Fromm E (1974), *To Have or to Be?*
www.amazon.com/dp/B00BBPWBAK

918 Americans decided to die in the Peoples Temple, led by Jim Jones.

The Peoples Temple was founded in Indianapolis in the mid-1950s. After criticisms of its ideas, the Temple moved to Redwood Valley, California, and in the early 1970s it opened other centers in San Fernando and San Francisco. In the fall of 1973, after a series of articles and the defection of eight members from the Temple, Jones prepared an “immediate action” plan that listed various options, including the flight to Canada or a mission to the Caribbean, to Barbados or Trinidad. The Temple chose Guyana and in 1974, after visiting northwestern Guyana, Jones negotiated a lease for over 15.4 square

kilometers of land, located 240 kms west of the capital of Guyana, Georgetown.

Members of the Temple began building Jonestown and Jones encouraged people to move to what was called the Peoples Agricultural Project.

The relatively large number of Americans who arrived in Guyana tested the government's small but severe immigration infrastructure in a country where most people wanted to leave. Jones reached an agreement to ensure that Guyana would allow mass migration of Temple's members, in exchange for investing most of the church's assets in Guyana. Immigration was asked to inhibit the

departure of the deserters of the Temple and to reduce visas to opponents.

In the summer of 1976, Jones and several hundred members of the Temple moved to Jonestown to escape media investigations. After the mass migration, Jonestown had a population of just under a thousand people. Temple's members attended study activities in a pavilion, including lectures on revolution and enemies. Entertainment activities were prohibited. Jones released long monologues about how his people had to "read" events. No TV and no films, no matter how harmless or seemingly politically neutral, were allowed. Jonestown's only means of

communication with the outside world was a shortwave radio.

Although Jonestown did not have prisons, various forms of punishment were used against members considered unruly. The methods included torture and beatings, and this became the subject of rumors that spread among the locals in Guyana. Members who tried to escape were administered Thorazine, Pentathol, Demerol and Valium in “care units”. Armed guards patrolled the area day and night to enforce the rules.

Children were delivered to the care of the community and turned to Jones as “Dad” and could only see their parents during the night. Jones was

called “Father” or “Dad” even by adults.

Money that arrived every month as payment for pensions ended up in the Temple coffer, and the Temple’s wealth was estimated at 26 million US dollars.

Jones often spoke of the risk that the CIA and other intelligence agencies were preparing plans to destroy Jonestown and eliminate its inhabitants. Mass suicide was regularly simulated: *“Everyone, including children, was told to queue up to get a glass of red drinking liquid. We were told that the liquid contained poison and that we would die within 45 minutes. We did everything we were told.”*

The Temple received half a kilo of cyanide per month for the jewelry workshop. In May 1978, a Temple doctor wrote to Jones asking for permission to test cyanide on Jonestown pigs, as their metabolism was like that of humans.

Jones was becoming increasingly paranoid and kept long monologues on the drastic escalation of repression.

According to Odell Rhodes, one of the escaped members of the Temple, the first to take the poison was Ruletta Paul and her one-year-old child. A syringe with the needle removed was used to spray the poison into the baby's mouth and then Ruletta took her dose. Mothers with their children

approached the table and Jones encouraged them to take the poison. The poison caused death within five minutes. After ingesting the poison, people were escorted along a wooden walkway that led out of the pavilion. Jones repeated:

“Die with dignity, do not die with tears and anguish ... death is a million times better than ten other days of this life. If only you knew what they are preparing, you’d be glad to die tonight.”

Odell Rhodes stated that while the poison was being sprayed into the children’s mouth, he did not observe panic, people seemed in a trance.

Jones was found dead lying in his chair between two other bodies, his head sprawled on a pillow.

The mass suicide of Jonestown shows how far people can come to be accepted by the group and how they can become temporarily blind, in a state of trance, and commit otherwise unthinkable acts.

The events of Jonestown constitute the largest loss of American civilians in a non-natural disaster until 11 September 2001.

Strategy n. 3: Cancel the outside world

Another strategy is to cancel the outside world and replace it with ourselves. This strategy explains 3 types of psychiatric disorders:

- when the love for ourselves prevails, people can develop a *narcissistic personality disorder*.
- When the comparison with ourselves prevails, people can develop a *paranoid personality disorder*.
- When the love for ourselves and the comparison with ourselves have similar weights, we have a *psychotic disorder*.

A characteristic common to these disorders is the closure in oneself and the perception of the world as threatening or inappropriate in relation to one's expectations.

- *Narcissistic personality disorder*

In the *narcissistic personality disorder* love for ourselves dominates.

$$\frac{I \times I}{I} = I$$

Individuals who develop a narcissistic personality disorder believe that they are special and unique. They expect to

receive approval and praise for their superior qualities and often are proud and arrogant. By virtue of the personal values that they believe they possess, they want to be with prestigious people of high social or intellectual level. Finally, they often have fantasies of unlimited success, power, beauty, or ideal love. Because the outside world has been replaced by the Ego, these individuals show a lack of sensitivity to the needs and feelings of others. They lack empathy and can easily abuse others without regard to the consequences. Furthermore, others are idealized as long as they satisfy the need for admiration and gratification. Interactions tend to be emotionally

cold and detached, irrespective of the pain they generate. These people break rather than strengthen bonds.

- *Paranoid personality disorder*

In the *paranoid personality disorder*, the comparison dominates.

$$\frac{I}{I} = I$$

Since we live in the identity conflict, we perceive the external world as threatening. This threat is objective, absolute and certain, and not a manifestation of our identity conflict.

We believe that we are unjustly victims of an hostile and humiliating world. We experience anger, resentment and irritation and react aggressively. When we feel to be excluded, anxiety and sadness prevail. Individuals with this disorder may also be insanelly jealous and may suspect, without a real reason, that their spouse or partner is unfaithful. These individuals are unable to put themselves in the perspective of others and to distinguish their points of view from those of other people.

- *Psychotic disorders*

In the *psychotic disorders* comparison and love coexist.

$$\frac{I \times I}{I} = I$$

People replace the external world with their inner world. Their suffering takes the form of hallucinations and beliefs of being unworthy, incapable and unfit; illogical thoughts that are not accepted by others. The outside world is felt as conspiring, threatening and persecutory.

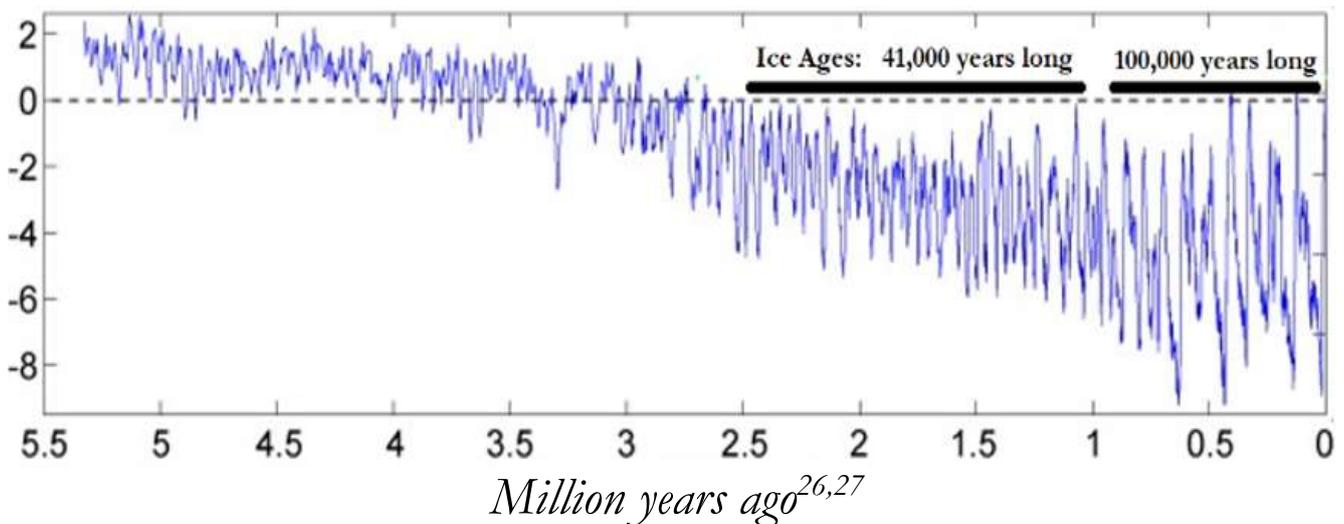
TRUTH

We are constantly immersed in false narratives: in our families, among friends, in society and science. The path towards wellbeing requires that we learn to recognize truth and develop the courage to move away from false narratives. People that follow the truth are usually considered misfits, rebels, troublemakers, those who see things differently, with no respect for the status quo.

In this chapter two example are given.
Example #1: Global Warming or Climate

Change?

Few people know that we live in the *Quaternary*, a geological era which started 2.58 million years ago, when temperatures decreased causing the first glaciations and dramatic climate changes.



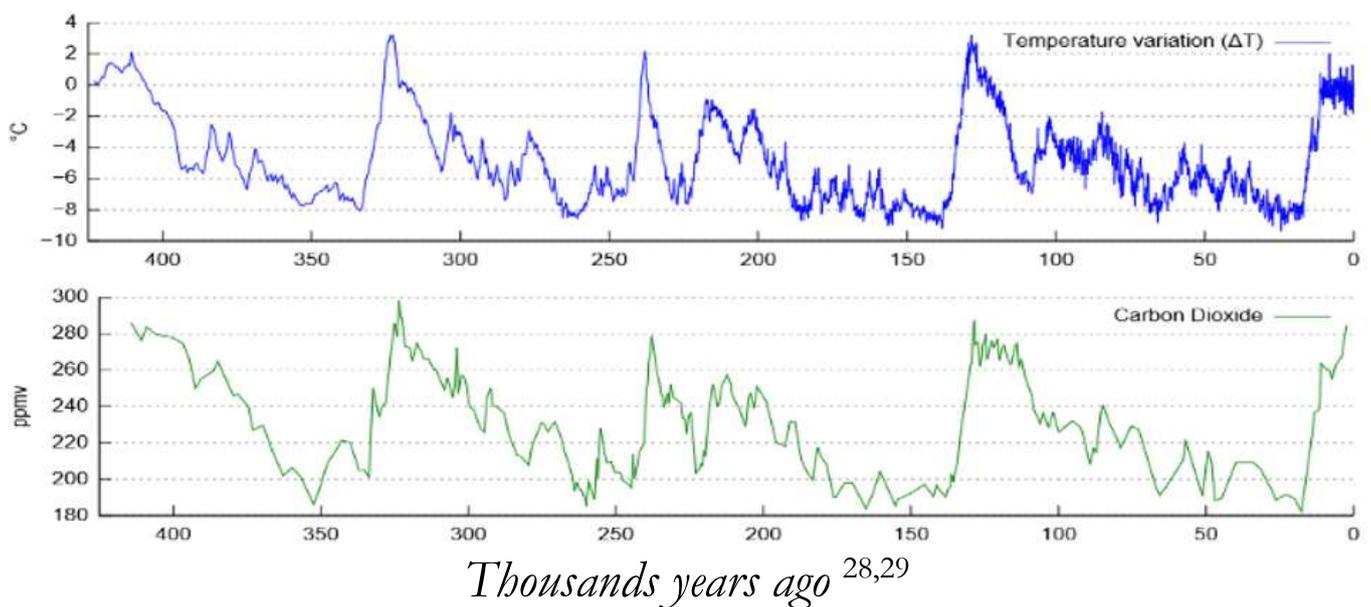
Initially, glaciations lasted 41,000 years and temperatures were on

²⁶ valentirull.net/2019/05/27/new-book-on-quaternary-ecology-evolution-and-biogeography/

²⁷ it.wikipedia.org/wiki/Quaternario#/media/File:Five_Myr_Climate_Change.png

average 4 degrees (Celsius) lower; now glaciations last beyond 100,000 years, with temperatures on average 8 to 10 degrees lower. Short interglacial warm periods, of about 10,000 years, separate each glaciation. The warm period in which we now live began 11,700 years ago and ocean sediments show that we are now entering the next ice age. Ice-core data confirm this scenario. Ice retains the same chemical properties that were present when the snow fell, and it is possible to distinguish years similarly to the rings in a tree trunk. Air bubbles trapped in ice rings are used to determine the variations of methane, carbon dioxide, temperature and dust due to volcanic eruptions.

Antarctica's ice cores allow to reconstruct temperatures, carbon dioxide and atmospheric composition, for the entire *Quaternary* period.



In this graph we see the history of CO₂ and temperatures up to 400 thousand years ago. We are at the right of the graph and the more we

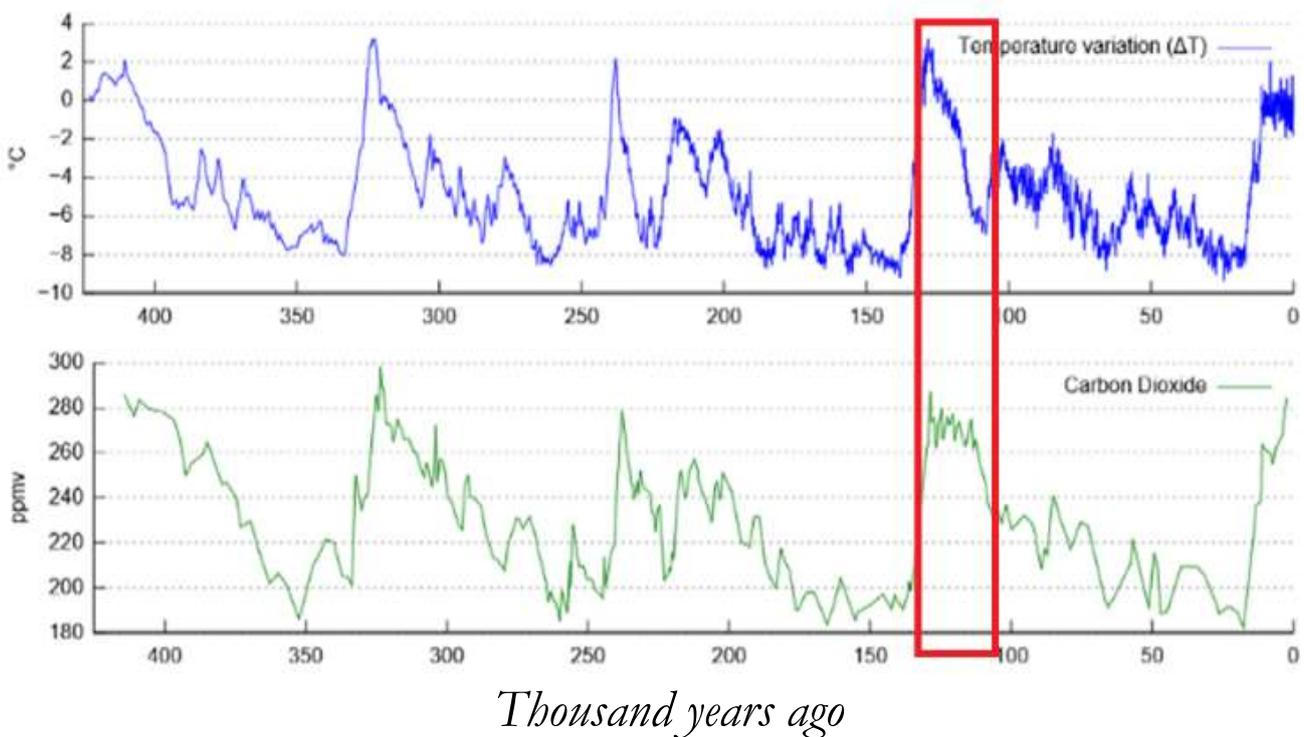
²⁸ en.wikipedia.org/wiki/Ice_age#/media/File:Vostok_Petit_data.svg

²⁹ cdiac.ornl.gov/images/air_bubbles_historical.jpg
cdiac.ornl.gov/trends/co2/ice_core_co2.html

move left, the more we go back in time, until we reach four hundred thousand years ago. Each warm, interglacial period is associated with increasing temperatures and increasing levels of CO₂.

However, we see that temperatures rise before CO₂. This means that CO₂ is not the cause of rising temperatures but the consequence. The explanation is quite simple: during warm periods life proliferates and, since life is carbon based, CO₂ levels increase *CO₂ is an indicator of life*. We also see that temperatures decrease before CO₂. This means that CO₂ has limited or no greenhouse effect. CO₂ levels decrease when life succumbs to freezing temperatures.

Furthermore, ice core data show that in the first 20,000 years of the last glaciation CO₂ levels remained high although temperatures became freezing.



This “unnatural” situation suggests that an advanced civilization was intentionally keeping life levels high. But, after approximately 20,000 years in the ice age, this civilization

surrendered to the glacial temperatures. Ice core and geological data point to the fact that civilizations existed during previous interglacial warm periods, but none managed to survive the ice age.

In 2014 Valentina Zharkova³⁰ discovered that solar emissions are not constant, and that this variability correlates with glaciations. Since 2.58 million years ago the Sun alternates cold and warm periods.

Should we talk about *Climate Change* or *Global Warming*?
- *A simple exercise*

³⁰ Shepherd SJ, Zharkov SI and Zharkova VV, 2014, *Prediction of Solar Activity from Solar Background Magnetic Field Variations in Cycles 21–23*, The Astrophysical Journal, 795:46 (8pp), The Astrophysical Journal, 795:46 (8pp), 2014 November, <https://phys.org/news/2015-07-irregular-heartbeat-sun-driven-dynamo.html>

Truth requires that we expose ourselves to different views and opinions and have the courage to choose what is coherent. However, ideas provide values and mitigate the identity conflict. This is the reason why it is so difficult to change ideas. When we try to understand different narratives, we discover that the compass of the heart always points to what is true, even when the rational mind tells a totally different story.

In Latin intuition means to look inside (*in*=inside + *tueri*=glance). Intuitions are coupled with feelings of warmth and well-being in the compass of the heart (the solar plexus).

Henri Poincaré, one of the most intuitive mathematicians of the last century, observed that when faced with a new problem, whose solutions could be countless, the rational approach is initially used, but being unable to arrive at the result another type of process is activated. This process selects the correct answer among the endless possibilities, without the help of rationality. Poincaré named this process intuition and noticed that intuitions are always accompanied by feelings of truth, warmth, and well-being:³¹

“Among the large number of possible

³¹ Henri Poincaré, *Mathematical Creation*, from *Science et méthode*, 1908.

combinations, almost all are without interest or utility. Only those that lead to solving the problem are illuminated by an inner feeling of truth and beauty.”

Truth requires that we learn to trust the compass of the heart and avoid being misguided by the rational mind and the opinions of others.

In this regard, the neurologist Antonio Damasio, studying people affected by decision-making deficits, discovered that feelings contribute to the decision-making process, making advantageous choices possible without having to make advantageous evaluations.³²

³² Damasio AR (1994), *Descartes's Error. Emotion, Reason, and the Human Brain*, Putnam Publishing, 1994.

People with decision making deficits show knowledge but not feelings. Their cognitive functions are intact, but not the emotional ones. They have normal intellect but are unable to make appropriate decisions. A dissociation between rationality and decision-making is observed. The alteration of feelings causes a myopia towards the future. This can have neurological origins, but it can also be caused by the use of substances, such as alcohol and heroin, which affect the solar plexus (ie the compass of the heart).

During the next example try to discover the truth following the feelings of warmth in your heart!

Example #2: Money

Life continually exchanges matter and energy and to do so a medium is required. In ancient Rome this medium was named *Linfra*, the divinity of fresh water that made nutrients available. In botany it is a liquid, which consists almost all of water. In human societies this function is provided by money. Money is the lifeblood of society and anyone who controls money also controls the vital energy of the people and nations.

With the formation of States, coins were created as tools for the exchange of goods and services, as well as for

the payment of taxes. In modern economies coins have been accompanied by banknotes, which are easier and cheaper to produce and use. Banknotes were introduced for the first time in 806 AD in China. People who had precious coins and metals deposited them with the banks, for their preservation and protection from thieves, and the banks gave a receipt, a bank-note. In Europe, the first account about banknotes was made by Marco Polo and the first banknotes appeared in 1661 in Sweden. In 1694, Norman Montagu replaced commercial banknotes with national banknotes by grouping the banks that issued banknotes in a private institution, the

Bank of England, with long-term banking privileges. The Bank of England gave banknotes in exchange for gold and applied an interest to cover the costs of the deposits and the security of gold. Banknotes were perceived as gold substitutes since the conversion to gold was certain.

But the Bank of England concentrated immense powers in the hands of a few and unscrupulous bankers. The war of independence of the United States of America was mainly a war against the Bank of England. To prevent America from falling again under the dictatorship of a few greedy bankers, the founding fathers of the United States prohibited, in the first article of the

constitution, the establishment of a private central bank: *“Only the Congress shall have power ... to coin money, regulate the value thereof.”*

Without a central bank each commercial bank could print its banknotes, which had to be secured by Treasury bonds. This made the dollar unattractive, compared to the British pound that was used in international transactions, and a war started between bankers.

The Astor, Guggenheim and Straus, the most powerful bankers of the time, were strong supporters of the first article of the constitution and were against the establishment of a central bank. Instead, the Rockefellers, Morgan and Rothschild

pushed for the establishment of a private central bank.



Oddly enough, the bankers who opposed the establishment of a central bank (the Astor, Guggenheim, and Straus) died on April 15th, 1912, in the sinking of the Titanic, the largest ocean liner in service at the

time.

Soon after, on December 23, 1913, the newly elected president Woodrow Wilson signed the Federal Reserve Act. A congressional act that established the Federal Reserve System (FED), the central banking system of the United States, which centralized the US financial system in a privately owned entity.

In 1914, when the FED started printing the first banknotes, the international trading system was under the rule of the British pound. But, only eight months later, in August 1914, the First World War transformed the dollar into the main international currency. The United States remained neutral until April

1917, when it declared war on Germany. With the war, the US government spending increased fifteen times, causing it to borrow from the FED. The same happened to the European allies and the FED favored the indebtedment of nations by lending the dollars generously. At the end of World War I, the FED had become the main player on the world stage.

President Woodrow Wilson, who had signed the Federal Reserve Act, declared:

“I am a most unhappy man. I have unwittingly ruined my country. A great industrial nation is controlled by its system of credit. Our system of credit is

concentrated. The growth of the nation, therefore, and all our activities are in the hands of a few men. We have come to be one of the worst ruled, one of the most completely controlled and dominated governments in the civilized world. No longer a government by free opinion, no longer a government by conviction and the vote of the majority, but a government by the opinion and duress of a small group of dominant men.”³³

Louis McFadden, Republican Member of the United States House of Representatives from 1915 to 1935, principal sponsor of the McFadden Act of 1927, described the FED with the following words:

³³ Woodrow W. “*The New Freedom*”, Doubleday Page Company, 1918, New York, under the chapter IX titled: BENEVOLENCE, OR JUSTICE?

“Some people think that the Federal Reserve Banks are United States Government institutions. They are private monopolies which prey upon the people of the United States for the benefit of themselves and their foreign customers; foreign and domestic speculators and swindlers; and rich and predatory money lenders.”

The power of the FED had become a danger to the United States and several bankers, along with the US Treasury, were starting an alternative monetary system based on banknotes secured by the silver of the US Treasury (*silver certificates*). In the book *“A Monetary History of the United States”*, Milton Friedman and Anna

Schwartz³⁴ show that in autumn 1929 the FED intentionally reduced the money supply triggering the collapse of the US stock market and causing the Great Depression. The policy of the FED caused the bankruptcy of one-third of all US banks. All the banks that were working on the new silver dollar monetary system were swept away by the great depression. Silver certificate dollars disappeared, and the FED had again the monopoly on the currency.

On January the 4th, 1932, a meeting was held between the major English financiers, Adolf Hitler, and von Papen. This meeting was also

³⁴ Friedman M. and Schwartz A.J., “A Monetary History of the United States, 1867-1960”, ISBN: 9781400829330

attended by US politicians and the Dulles brothers. Hitler's program was fully approved. It was at this meeting that the question of transferring powers to the Nazis was finally resolved, and on January 30th Hitler became Chancellor.

When Hitler refused to pay war debts, neither Britain nor France made any claims. Furthermore, the Reichsbank, the German central bank, was now a private central bank. In May 1933 it was given a loan of \$1 billion and the cessation of payments of old debts and in June England assigned \$2 billion. Thus, the Nazis got what the Weimar Republic failed to achieve. At the same time, the Nazis received the most modern

technologies from the United States, including military patents by the American companies Pratt & Whitney, Douglas and Curtis Wright which were used to build the Junkers-87, the military bombers that the Luftwaffe used during the Second World War. The close economic and financial cooperation of the Anglo-Americans and the Nazis was at the basis of the policy that led to the Second World War.

When the United States entered the war, the FED declared that it was: “...*prepared to use its powers to assure at all times an ample supply of funds for financing the war effort.*” Financing the war was at the core of the FED’s policies. To finance the war, the FED

asked the Congress to amend the Federal Reserve Act by allowing to buy government bonds in unlimited amounts, without guaranteed deposits, thus indebting the US government beyond any measure.

At the end of World War II, the gold standard no longer existed, and between the 1st and 22nd of July 1944, 730 delegates from the 44 countries that were winning the war gathered at the Mount Washington Hotel in Bretton Woods, New Hampshire, in the United States, to redefine a new international monetary order. The outcome of the Bretton Woods conference was to give the US dollar the role of the only international currency. It took three weeks, but

eventually the Bretton Woods delegates had to accept the full triumph of the FED. The gold standard was limited to the dollar which had a fixed value against gold of \$35 per ounce. All other currencies were tied to the dollar with a fluctuation between the currencies of 10%.

The American president John Fitzgerald Kennedy was aware of this situation of excessive power of the FED, and with his executive order 11110 of the 4th of June 1963, he tried to rebalance the monetary policy by authorizing the Treasury of the United States of America to issue banknotes guaranteed with silver deposits.



JOHN F. KENNEDY

XXXV President of the United States: 1961-1963

Executive Order 11110—Amendment of Executive Order No. 10289 as Amended, Relating to the Performance of Certain Functions Affecting the Department of the Treasury

June 4, 1963

By virtue of the authority vested in me by section 301 of title 3 of the United States Code, it is ordered as follows:

SECTION 1. Executive Order No. 10289 of September 19, 1951, as amended, is hereby further amended --

(a) By adding at the end of paragraph 1 thereof the following subparagraph (j):

"(j) The authority vested in the President by paragraph (b) of section 43 of the Act of May 12, 1933, as amended (31 U.S.C. 821 (b)), to issue silver certificates against any silver bullion, silver, or standard silver dollars in the Treasury not then held for redemption of any outstanding silver certificates, to prescribe the denominations of such silver certificates, and to coin standard silver dollars and subsidiary silver currency for their redemption," and

(b) By revoking subparagraphs (b) and (c) of paragraph 2 thereof.

SEC. 2. The amendment made by this Order shall not affect any act done, or any right accruing or accrued or any suit or proceeding had or commenced in any civil or criminal cause prior to the date of this Order but all such liabilities shall continue and may be enforced as if said amendments had not been made.

JOHN F. KENNEDY
THE WHITE HOUSE,
June 4, 1963

The intention was to move the monetary control from the FED to the Treasury.

“Silver dollars” were issued without interests and did not indebt the

government. They were like the FED banknotes, with the difference that they were labeled “Silver Certificate” while the FED banknotes were marked “Federal Reserve Note” and the seal and the serial number instead of being green were red.



Five months later, on November 22nd, 1963, Kennedy was assassinated, and the 4 billion “*Silver Certificate*”

Treasury notes were immediately withdrawn, giving back the full control of the dollar to the FED. At this point the FED had also total control of the government, the media, and the US military establishment.

Communist countries had not succumbed to the FED's dictatorship and had become number one enemies. This justified the Vietnam war that caused massive debts which forced Richard Nixon to end the Bretton Woods agreements and give birth to the petrodollars system; a system based on private central banks, on the supremacy of the dollar and on its exclusive use in the purchase and sale of oil.

The first nation that was sanctioned

for violating this policy was Chile. Salvador Allende had nationalized the central bank. The reaction was swift. On September the 11th, 1973, the world witnessed one of the bloodiest coups.

In the year 2000, Saddam Hussein challenged this system, nationalizing the Iraqi central bank and selling oil in currencies other than the dollar. Economic sanctions and war were immediate. Other countries, including Syria, Libya, Venezuela, Russia, Iran and Indonesia, began to consider the nationalization of their central banks and the use of currencies other than the dollar for the sale of oil.

Anyone trying to break away from the petrodollar system and the FED

dictatorship knew they would suffer the same fate as Saddam Hussein.

Gaddafi tried to establish a supranational currency, the gold dinar, which would have unified Africa under the same currency, pushing it away from private central banks and debts. Support was widespread, but the revolutions of the 2011 Arab Spring in North Africa and the assassination of Gaddafi stopped this project.

In 2005, Iranian President Ahmadinejad Mahomoud announced that the small island of Kirsh would soon host a stock exchange for hydrocarbons where oil and other hydrocarbons would be traded in euros or other currencies, but not in

dollars. Henry Kissinger summarized in an August 2006 interview: “*If Tehran insists a military confrontation with America is inevitable.*”

In 2018 Vladimir Putin was re-elected president of the Russian Federation with the aim to bring the Russian central bank under parliamentary control.

The monetary system built on private central banks is based on a scam. Imagine a central bank (ie a typographer) commissioned by a match organizer to print 10,000 tickets.

The printing of 10,000 tickets costs \$50. But the central bank does not ask for the cost of printing, it asks for the

value printed on the ticket (on the bill). If it prints 10,000 banknotes of \$10 it asks for \$100,000 in Treasury bonds, since the banknotes “are worth” \$10 each.

It is true that they are worth \$10 each, but their value does not depend on the number printed on the banknote, but on their demand. The central bankers know this, but blackmail the organizers (ie the politicians), promising a generous gift to support their candidacy in the upcoming elections. On the contrary, they will fund other candidates and discredit those honest people who have opposed this system. This is what happens in all countries where central banks are private.

Those who own the central banks usually control mass media and legislators and this gives them total power over the nations.

Henry Ford said:

“It is well enough that people of the nation do not understand our banking and monetary system, for if they did, I believe there would be a revolution before tomorrow morning.”

LOVE

Meeting Antonella, my wife, has been fundamental for my life and for the advancement of syntropy.

I was at a Christmas party with other friends. When she entered the apartment, my heart immediately recognized her. I felt as if I had always known her. My “compass of the heart” pointed at her with no doubts and hesitation. On the contrary my rational mind, influenced by an English girl I met the day before, was yelling NO.

My friend with schizophrenia was on my side and I told her: “I am very interested in that girl!” She answered: “But you don’t know her! Not even her name, she is just now entering the apartment!” I repeated that I was very interested.

My mind was yelling NO, and my heart was yelling YES. I knew about the conflict between head and heart, and I knew that it was important to trust the heart. But still, it was difficult not to be influenced by the mind.

At that point something strange happened. My previous girl friends were all born on the 15th or 16th of September (Fantappiè was born on the 15th of September). I told my rational mind that if Antonella was of

the 15th of September, she was the person. We were sitting around a table, and someone started asking the birthdate to all the participants. When it came to Antonella, she answered the 14th of September.

I found an excuse and started talking to her. The more information I was getting, the more my rational mind was yelling NO. At a certain point Antonella said that she had abandoned university, since she needed to work. Although she was clearly not the person for syntropy, my heart immediately saw her back at university and started yelling again “she is the person.”

Three days later we were engaged and nine months later we married. As

a wedding present I gave Antonella the possibility to go back to university. I told her to choose following her heart. She chose cognitive psychology and had no interest in syntropy. Incredible coincidences started happening, which brought her to dedicate the bachelor, master, and PhD dissertations to syntropy. She did a job which was just incredible!

I discovered that love is future oriented. We feel it when we are converging towards the attractor, our final aim. Love provides union, purpose and meaning. When I first saw Antonella, my heart started seeing the future, similarly to Steve Jobs who in 1977 saw the iPhone.

When we nurture our heart, we intuit and feel the future.

Many situations have helped me nurture the heart. The first one probably has to do with the fact that my father was Catholic and my mother Protestant, with opposite views. My father had grown in a mountain village during hunger and extreme physical conditions. For him, the top priority was to get ready for winter: save and put on a side. My mother grew up in England and believed that since we live once, we must enjoy life as much as possible, now.

I was receiving diverging answers from them. I remember when at the age of 6 I received again a diverging

answer and I thought that it was useless to ask for explanations, since adults did not know the answers. I decided I had to think with my own head and try to understand things alone. This attitude has accompanied me since.

Both my parents worked for the United Nations. My father lived a frugal life and had always a lot of money that allowed him to help us to face important moments of life (such as buying a house), my mother was always with no money or in need for money.

My father enrolled me to a private elementary catholic school, probably because it was just next door. I remember I could not accept the

“dogmas” on God and the creation. I wanted to understand, and at the age of 7 I professed myself an atheist and I refused the First Communion.

“Why the creation?” I wondered. I imagined going back in time and did not understand why suddenly everything had to disappear because of a creation. Several times the nuns called my parents, but there was nothing to do, I continued to declare myself an atheist, regardless of how others were going to judge me.

I was fascinated by cosmology, the theory of the Big Bang, the formation of galaxies, planets. I found an article describing the universe that will collapse because of gravitational forces and then re-explode again. The

math showed that the universe will collapse in a space smaller than the nucleus of an hydrogen atom. How can all the galaxies and planets concentrate in such a small space? What is matter? Is it solid or empty? How can an object, millions of light years away from me, exert an attraction on me? How can my atoms exert an attraction (even if minimal) on all the other atoms in the universe? How can I attract something I do not even know it exists? The law of cause and effect was clear to me, but the force of gravity was a mystery.

I learned that among the many alternatives it is possible to spot the true one paying attention to the feelings of love, warmth and truth. In

this way I could quickly find the right solution, and this made me become a “genius” in mathematics. People were interested to know how I could manage to instantly find the solution. I tried to explain them the trick, the inner feelings of love and truth, but no one understood what I was telling them.

My father was proud of his mountains village and used to invite his colleagues from the United Nations. Soon they bought houses, and the village filled up with people of different nationalities. The contact with these cultures nurtured my independent way of thinking.

Saturday, February the 19th, 1972, I went skiing. During the lunch break I

chose a dish with a meat sauce. I suddenly felt in my heart the order to stop eating meat and to become a vegetarian. I felt also the order not to drink coffee, alcohol, take part in religious groups, smoke, use drugs ... My rational mind could not understand these orders, but in my compass of the heart I had love and warmth. I now understand that these orders have removed all that could interfere with the perception of my heart. Gandhi used to say that when we discover the voice of the heart, it is so powerful that it is impossible to disobey it. I was discovering this. When we are guided by the heart, it is impossible to betray it.

At the age of 16 I was chosen for an AFS year in the United States, hosted by an American family. I ended in the deep south. Cultural diversity was immense. From an exciting multicultural environment, I ended in a world of religious extremists.

The first Sunday in the States I told my American mother that I was an atheist and that I did not want to go to church. She answered: “It is not allowed.” I therefore decided to organize myself. I told the AFS reference person at school that each Sunday I wanted to visit a different church. I started going to White Baptist, Black Baptist, Jehovah’s Witnesses, speaking in tongue meetings, Catholics... Each Sunday I

went to a different church. Everywhere people were happy to see me, and they were all convinced that their path was the only true one.

After a couple of months my American mother told me: “We have talked about it, and since you are an atheist, you must be a communist, and communists are devils. We want you to go away.”

I found a temporary family, a very rich one with two private planes and Cadillacs. Then I ended in an extremely poor family. They had no money for food. We could only eat at school. Hygienic conditions were terrible, I had never seen such a situation in Italy. When I asked the father why they decided to host me,

he answered: “If you help someone Jesus Christ will save you.”

I could not understand why in the richest country of the world there could be extreme poverty.

I was the only exchange student in Jefferson City (Missouri) and had to attend school clubs. I was always among many people, but I was feeling lonely. Everyone was aiming to popularity: physical beauty, strength, and wealth. Everyone seemed happy, but they were abusing alcoholics and drugs.

I fell in an existential crisis: What is the meaning of life? What is right and wrong? What are friendship and love? For the first time I was feeling anxiety and depression. I had difficulties

telling people about it, since everyone was expecting me to be happy.

I had to give public speeches in places like the Rotary Club, the Lions Club, which were financing AFS. I had to pretend to be happy and grateful, when instead I was suffering and had no one to talk with. I started counting the days that were left before I was returning to Italy, to my old certainties.

On April 2 (1976) I went to Joplin (Missouri) to meet other foreign students. After lunch I spent the entire afternoon talking to an Iranian boy, Sinai. We sat on the banks of a small artificial lake. I needed to understand what anxiety and depression were. Everyone around

me seemed happy and I wondered if I was the only one suffering. Sinai told me that according to Islamic science there is another energy besides matter and energy. He told me that physical energy diverges, while this other energy converges and goes towards unity, love and cohesion. We started talking about this converging energy, and our imagination began to fly. A cohesive energy that, when it is felt, causes warmth and well-being in the solar plexus, like love. When it is not felt, emptiness, pain, anxiety, and depression rise. We came to imagine a future filled with this energy, made of love and cohesion. A very different future from what I was experiencing in that moment. Suddenly I began to

feel happy, I began to feel love in my solar plexus. I was feeling that life has a meaning and that the future of humanity is not war and destruction, but love and unity.

That night I woke up at around 3.30. I was immersed in a luminescent orange haze that radiated warmth and love. In front of me there was a light so dense that it could be touched, that radiated love, well-being, peace, and tranquility. I approached this light and suddenly saw the future of humanity flowing in front of me. A future filled with life, wellbeing, and love. A vision that took place in the twilight. I saw large transparent and luminescent structures, in which life flourished intensely. Then suddenly I was

attracted into this dense orange light. I don't know how long it lasted. But when I came out of it, I felt an incredible love. I knew I had received a message, a message of love of fundamental importance that my rational mind did not understand. The light faded. I tried to regain contact, but it dissolved, letting myself sink into the cold, darkness, and solitude of the room. I felt like a shiver down my back. I woke the person next to me and asked if he had seen or heard anything, but he told me to stop making noise, he wanted to keep sleeping. I tried to reconnect with this light of love, but I didn't know how.

When I returned to Italy my parents had just separated, and instead of the old certainties I found many new uncertainties. In Ovindoli, the mountain village, my foreign friends had left. The exciting multicultural environment was gone. Anxiety and depression made me fall into a tunnel of desperation and I found comfort only in the memory of the orange light of love. I was no longer able to explain this with my atheist approach.

On April 19th, 1977, Alessandra, my girlfriend, called and told me she had a new boyfriend and that our story was over.

I felt my life crumble. I went to wash my face and while I saw the drops of water falling into the sink, I had an

insight. Converging energy must exist! I could see it in the force of gravity. In addition to the diverging energy that we all know, like light and heat, there must be a converging energy! Diverging energy must be governed by entropy that goes towards death and destruction, converging energy by *Syntropy* (*syn* means converging and *tropos* tendency) that goes towards life and love.

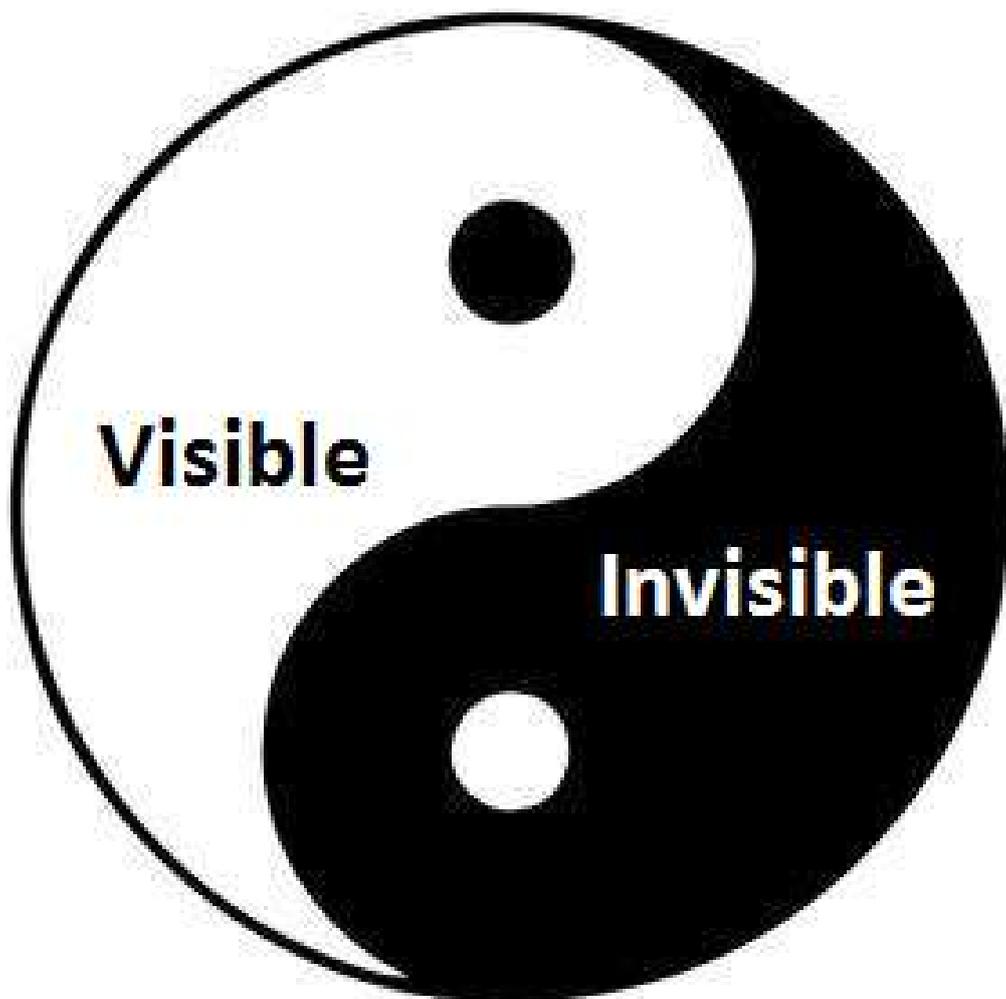
I could see that these two energies are parts of the same unity. In the same way as Shiva and Shakti. Where Shakti is the personification of entropy and Shiva is the personification of syntropy, constantly united in an eternal cosmic dance. Shakti can never exist

separately from Shiva, just as Shiva is nothing without Shakti. Shiva absorbs the energy of Shakti, transforming it into a body and pure consciousness, the light of knowledge. Love and intelligence come from the future (Shiva), while fear, ferocity and aggression come from the past (Shakti). Shakti is the energy of the visible physical world, while Shiva is the consciousness that transcends the visible world. Every aspect of Shiva has a Shakti component, linked to the physical world.

I could also see this in the Taoist philosophy, where all aspects of the universe are described as the interaction of two fundamental

forces: the diverging yang force and the converging yin force.

In the Taijitu yang is represented by the white color and has entropic properties, while yin is represented by the black color and has syntropic properties.



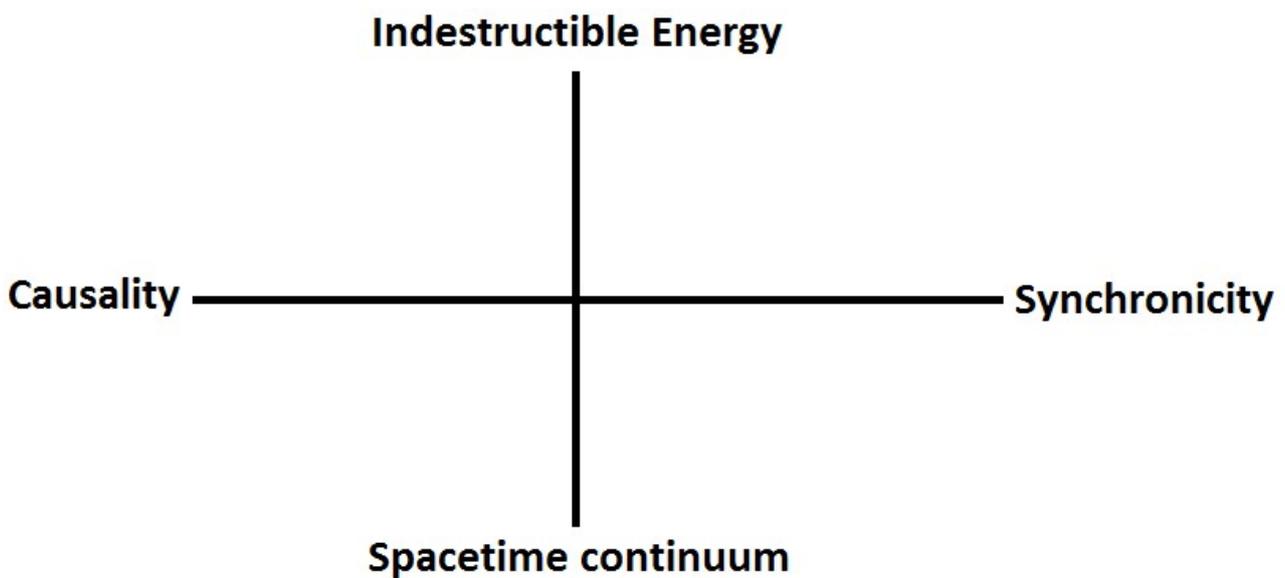
Taijitu symbol

These two forces are part of the same energy, of the same unity, and their combined action moves the universe in all its aspects. Within the yin is yang, and within the yang there is yin.

I could see entropy and syntropy that constantly rotate, changing their proportion in the visible and invisible sides of reality and the opposites that attract each other. A law well known in physics, but also true at the human level where opposite polarities attract, as is the case of males and females. An infinite game of polarities and attraction.

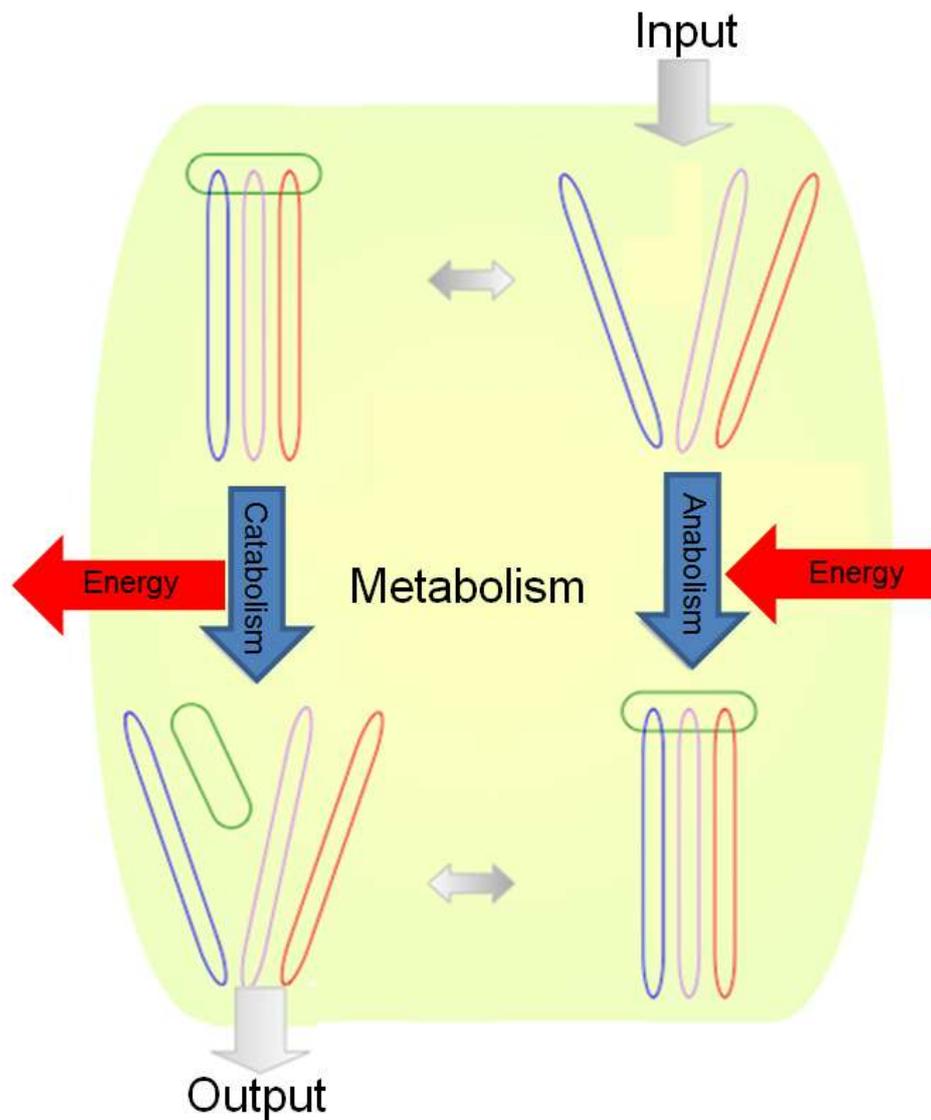
I could see all this in the synchronicities of Carl Gustav Jung

and Wolfgang Pauli. In the description of Jung and Pauli causality acts from the past, while synchronicities act from the future. Synchronicities are meaningful because they lead to a goal, providing direction and purpose.



I could see it in metabolism, where syntropy concentrates energy in smaller and smaller spaces increasing order and organization. But, since the

concentration of energy cannot increase indefinitely, at a certain point, the system releases energy and matter, activating the opposite process of entropy and an exchange of energy and matter with the environment. Where *catabolic* processes are entropic and transform higher level structures into lower-level structures and *anabolic* processes are syntropic and transform simple structures into complex structures. A game of construction and destruction that allows life to evolve.



Suddenly I understood the link between entropy and death and between syntropy and life.

Time seemed to have stopped and all the pieces of the mosaic began to go in their right place. In a moment my vision had changed.

I could see that matter, entropy and syntropy require specific conditions such as material needs for matter, needs for love and cohesion for syntropy and a need for meaning for entropy. When these needs are dissatisfied alarm bells inform us, such as hunger, thirst, cold, but also depression and anxiety.

I realized that by interacting with the physical world we discover that we are equal to zero.

$$\frac{I}{\textit{Infinite}} = 0$$

Syntropy concentrates our consciousness, our feeling of existing, towards the very small, while entropy

expands physical reality towards the infinitely big. Consequently, when we are confronted with the external world, we realize that we are equal to zero: the conflict between *being and not-being*.

When I am equal to zero life has no value and there is no reason why to live. This was exactly what my existential crisis was telling me. I was feeling meaningless, worthless, and depressed and I could not see a way out of this suffering.

But as soon as I saw my existential crisis in the form of an equation, I could see the solution:

$$\frac{I \times \textit{Infinite}}{\textit{Infinite}} = I$$

I named this the *Theorem of Love* because union is love. The *Theorem of Love* says that love gives meaning to life.

I had found a way to understand my existential crisis and a way out. In an instant my suffering, my depression and anxiety dissolved.

The impact of this vision has been profound.

All these considerations happened in an instant, which to me seemed an eternity, as I looked at a drop of water falling into the sink!

I could see the crisis of humanity caused by not apply the *Theorem of Love*, and wellbeing and happiness because of *Love*, and the *Theorem of Love*.